

Heaven Shaman-Page

14135 Bulldog Ln. Apt. 60A, Big Rapids Mi, 49307 | 231-250-8562 | shamanh@ferris.edu

Overview

Current Social Work student at Ferris State University looking for a part-time or full-time job starting August/September 2020, as I will be finishing up my Masters degree after Summer semester 2020. I have a specific interest in working with adolescents and their families. I have a large interest in those who are aging out of the foster care system, struggling with mental illness, in need of counseling services, and those looking to learn everyday life skills to better their future. I am hoping to gain and expand my knowledge in the social work field as well as use my hands-on experience from my years of education, employment, and internships.

Education

FERRIS STATE UNIVERSITY

- September 2014 – Present
- Associates of Applied Health Sciences
- Associates of Social Work
- Bachelor of Social Work
- Currently working on Master of Social Work
- Graduation date: August 2020

Skills & Abilities

CERTIFICATIONS

- First Aid Certified
- Life Guard and Water Front Certified
- Aegis Certified

VOLUNTEER WORK

- The Big Event. Year 2015-2018
- Michigan Teen Conference. Year 2016
- Vagina Monologues. Year 2018
- Degage. Year 2018
- Elementary Group on Social Skills. Year 2018
- Breast Cancer 5k- Color Run. Year 2018
- Relay for Life. Year 2014-2018

LEADERSHIP

- President of F.Y.I. Scholarship program for college foster youth.
- Student Advocate for Ferris Youth Initiative.
- Panel presenter on higher education opportunities for youth that have experienced foster care in Michigan.

- Representative for the Ferries Youth Initiative at the Michigan Education Trust (MET) Fostering Futures Fundraiser.
- National Foster Youth Institute- Michigan Chapter Coordinator.

AWARDS

- FosterClub 2019 Outstanding Young Leader
- National Foster Youth Institute 2019 Leadership Corps Chapter of the Year
- Fostering Futures Scholarship Trust Fund 2019 Scholar Spotlight

Experience

YOUTH SPECIALIST | EAGLE VILLAGE| JUNE 2017-PRESENT

- Assisting vulnerable youth between the ages of eight and eighteen in practicing daily life skills, creating healthy boundaries, healthy relationships, and finding effective coping skills. Assessing youth's everyday behaviors, filing progress notes, administering safety restraints, and one on one assessment. Hosting guest groups, facilitating experiential group activities, facilitating youth challenge weekends, summer base camp lead, and administering first aid and medication.

CAMP COUNSELOR | EAGLE VILLAGE| JUNE 2017-SEPTEMBER 2017

- Assisting vulnerable youth between the ages of eight and thirteen in practicing daily life skills, creating healthy boundaries, healthy relationships, and finding effective coping skills. Assessing youth's everyday behaviors, filing progress notes, and administering safety restraints. Facilitating experiential group activities, administering first aid and medication, and teaching youth everyday life skills while enjoying summer.

FOSTER CARE AND ADOPTION INTERN| EAGLE VILLAGE| SEPTEMBER 2018-AUGUST 2019

- Assisting case workers and supervisors of the foster care and adoption agency. Filing case notes, assessments, family team meeting notes, court files, health information, and other confidential information. Utilizing MiSACWIS to update youth and family profiles, add assessments, meeting notes, and other confidential information. Transporting youth or families to and from supervised or unsupervised visits. Supervising parenting time between youth and their family. Attend court hearings and adoptions.

BEHAVIORAL HEALTH INTERN | SPECTRUM HEALTH| SEPTEMBER 2019-PRESENT

- Assisting LMSW in providing behavioral health services to patients. Utilize EPIC to update patient information, document phone calls, assessments, and follow ups. Provide cognitive behavioral therapy services to patients referred by their primary care providers. Refer patients to community-based resources and services to help them receive the help they are looking for. Outreach to patients via phone after recent emergency department visits and document transition of care assessment. Be able to administer PHQ4, PHQ9 and GAD7 assessments. When needed, be able to create a safety plan with patient and patient's support system.