

Rachel Gerik, MSN, FNP-C

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Objective

Motivated and compassionate Family Nurse Practitioner with over 2 years of experience providing patient care in clinical setting as well as remotely, seeking to join a reputable team to promote wellness across the lifespan. Excellent interpersonal and therapeutic relationship building skills. Proven proficient in time managing care for 20-25 patients per day, understanding patient concerns, providing medical guidance and recommending treatments.

Career Chronology

01/2021 – Present **Family Nurse Practitioner**
Cedar Hill Pain and Rehab, Cedar Hill, TX

10/2017 – 06/2019 **Trauma Nurse Clinician**
Baylor Scott & White Medical Center, Waxahachie, TX

01/2016 – 10/2017 **Emergency Room Nurse-Charge Nurse**
Baylor Scott & White Medical Center, Waxahachie, TX

06/2011 – 01/2016 **Emergency Room Nurse**
Texas Health Arlington Memorial, Arlington, TX

Skills

- Knowledgeable in assessing, diagnosing, and treating a wide variety of acute and chronic medical conditions.
- Proficient in electronic medical records documentation and charting.
- Ability to provide effective pain management treatments including prescription medications, interventional procedures, and patient education.
- Proficient in administering aesthetic injectables such as Botox, Xeomin, dermal fillers, PRP and PRF. Proficient in filler administration via cannula.
- Excellent written and verbal communication skills.

Education and Training

Master of Science in Nursing- Family Nurse Practitioner, May 2020
Walden University, Minneapolis, MN; GPA 3.6- Cum Laude

Next Level Injectables, August 2022
National Laser Institute

Botox and Dermal Filler, October 2018
Aesthetic Medical Educators Training, Inc.

Bachelor of Science in Nursing, May 2011
Tarleton State University, Stephenville, TX; Nursing GPA 3.90- Summa Cum Laude

Affiliations and Awards

Rose Service Excellence Award- 2014

Unit Based Council-Arlington Memorial Emergency Department

Emergency Nurse Association- Fall 2011- Present

Employee of the Month AMH ER- January 2012

Employee of the Quarter AMH ER- 2012

Outstanding Graduate and Highest GPA Award- Tarleton Spring 2011

Leadership and Management Award- Tarleton Spring 2011

Certifications

ACLS - Advanced Cardiovascular Life Support
Advanced Injector Certification

Botox and Dermal Filler Certification

Experience

Cedar Hill Pain and Rehab, Family Nurse Practitioner, January 2021-Present

- Effectively provided comprehensive patient care to 20-25 patients per day in the clinic setting as well as remote telehealth visits, while building therapeutic relationships and trust.
- Effectively evaluated medical history, comorbidities, medications, and lifestyle to optimize quality of life and wellness.
- Assessed, diagnosed, and treated patients with pain management needs, utilizing a variety of treatments such as prescription medications, interventional procedures, and patient education.
- Maintained accurate and thorough electronic medical records documentation and charting.
- Collaborated with physicians, other nurse practitioners, and interdisciplinary team members to develop and implement patient care plans.
- Educated patients and their families on disease prevention and health promotion.
- Administered aesthetic injectables such as Botox, Xeomin, Dysport, Juvederm, and Restylane to patients, ensuring safe and effective outcomes.

Baylor Scott and White Waxahachie, Trauma Nurse Clinician, October 2017-June 2019

- Provided direct patient care to trauma patients in the emergency department.
- Collaborated with multidisciplinary teams to develop and implement evidence-based care plans for trauma patients.
- Served as a resource for other nurses and healthcare providers in the management of trauma patients.
- Participated in quality improvement initiatives to improve the delivery of trauma care and patient outcomes.
- Designed and implemented data collection protocols for research studies related to trauma care and injury prevention.
- Maintained accurate records of study progress and ensured compliance with regulatory requirements.

Baylor Scott and White Waxahachie, Emergency Room Charge Nurse, January 2016-October 2017

- Supervised and directed the nursing staff in the emergency department to provide high-quality patient care.
- Coordinated and prioritized patient care assignments based on acuity and staffing needs.
- Conducted assessments, administered medications, and performed emergency procedures.
- Collaborated with physicians, nurse practitioners, and interdisciplinary team members to develop and implement patient care plans.
- Ensured compliance with hospital policies and procedures, nursing standards, and regulatory requirements.
- Maintained accurate and thorough electronic medical records documentation and charting.
- Participated in quality improvement initiatives to enhance patient outcomes.

Arlington Memorial Hospital, Registered Nurse-Emergency Room, June 2011-January 2016

- Provided direct patient care in the emergency department, including triage, assessments, interventions, and patient education.
- Administered medications and performed emergency procedures as needed.
- Collaborated with interdisciplinary healthcare teams to provide coordinated and efficient care.
- Maintained accurate and thorough electronic medical records documentation and charting.
- Participated in quality improvement initiatives to enhance patient outcomes.

References Upon Request