

AKINYEMI BLESSING OLUWAYEMI

Tel no: 08166793096; 09152416194

Email: blissingakinyemi12@gmail.com



PERSONAL STATEMENT

An enthusiastic nutritionist who has a deep understanding of the health and wellness industry and a professional writer who can create content that are accurate, engaging and informative.

I earned a Bachelor of Science in Nutrition and Dietetics and I have actively participated and attended programs and submits that had broadened my knowledge and understanding in my field of study. I have been able to develop networking skills, generate massive turn up of clients with my creative writing skill, impact healthy informative knowledge and build relationships with others which have led to all sorts of opportunities, both personally and professionally.

EDUCATION BACKGROUND

- **Obafemi Awolowo University, Ile-Ife, Osun State** **2018 - 2022**
BSc. (Honour) Nutrition and Dietetics

Key skills gained

- A keen interest to advice individual in the right nutritional plan and pattern.
- Analytical explanation on specified diets to cure specific diseases.

- **Rufus Giwa Polytechnic, Owo, Ondo State** **2013-2015**
Distinction; National Diploma Nutrition and Dietetics

Key skills gained

- Ability to identify various ailments by their signs and symptoms.
- Ability to fortify food to suite the health needs of an individual.

WORKEXPERIENCE

- **Ace Digital Hub** **2021 - 2023**
Senior Content Writer (Remotely)

Key Responsibilities:

- Ability to incorporate storytelling to writing
- Time management
- Problem solving
- Technical writing

- **Peppered Rice Logistics, Ibadan.** **2021**
Outlet and Kitchen Officer

Key Responsibilities:

- Improved kitchen hygiene and healthy food preparations.
- Good customer relationship
- Recipe development that had a great significance in consumer acceptability

- **Shollots Studios, Ikolaba Ibadan.** **2015 - 2018**
Front desk Officer

Key Responsibilities:

- Networking and good customer relationship.
- Maximum attitude to work with little or no supervision.
- A good and memorable communications are established with clients
- Ability to expand the customer base of the organization, thereby increased the monthly revenue

- **University College Hospital (UCH) Ibadan.** **2014– 2015**
Volunteer Nutritionist, Dietetics Department

Key Responsibilities:

- Therapeutic diet preparations and modifications to suite specific disease condition
- Knowledgeable skills to interpret health conditions and the required therapeutic diet.

SKILLS

My creative skills include:

- Time management
- Networking
- Creative thinking
- Content writing
- Data Analyst
- Recipe development
- Problem Solving
- Diet modification

REFERENCES

Available on request.