

# JANAYSHA WALKER

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a Baltimore, MD 21206

## PROFESSIONAL SUMMARY

Empathetic Nursing assistant commended for chart accuracy, effective team collaboration and unprecedented patient relations. Interacts with patients from diverse cultures and backgrounds. In-depth knowledge of medical terminology and HIPAA regulations. Proactive individual focused on delivering high-quality patient-centered care. Skilled in overseeing acute and chronic conditions and certified in CNA,CPR and AED.

## SKILLS

- De-escalation techniques
- Surveillance
- Emergency Response
- Legible report writing
- Punctuality
- Safety and security
- Tube feedings and medications familiarity
- Feeding assistance expert
- Dementia and Alzheimer's knowledge
- Transporting patients
- Responding to emergencies
- Patient-focused care
- Recording Vital Signs
- Supporting Personal Needs
- Preparing Meals
- Documenting Behaviors
- Patient Care
- Bathing
- Compassionate caregiver

## EDUCATION

**ItWorks Learning Program**  
Baltimore, MD

## WORK HISTORY

**Trust Consulting Services - Feild Hospital Security**  
*Baltimore, MD • 03/2020 - Current*

- Adhered to established procedures and posted orders to enforce company rules, policies and regulations to general public.
- Responded quickly to emergency situations to assess and deflect issues.
- Updated shift logs and produced daily reports to document security activities and specific incidents.
- Recorded observations and occurrences and interviewed witnesses to complete and submit incident report.
- Communicated with security team and building supervisors using two-way radios, mobile phones and other technological devices.
- Greeted guests professionally and courteously to cultivate welcoming atmosphere while making safety top priority.

**Helping Hands - Private Caregiver**  
*Baltimore, MD • 01/2020 - 04/2020*

- Kept household areas clean and well-stocked, ran errands, managed laundry and completed weekly grocery shopping.
- Kept patients mentally alert by entertaining, conversing and reading aloud to patients.
- Kept close eye on client vital signs, administered medications and tracked behaviors to keep healthcare

supervisor well-informed.

- Maintained clean personal areas and prepared healthy meals to support client nutritional needs.
- Helped family members plan healthy meals, purchase ingredients and cook meals to provide adequate nutrition for client wellbeing.
- Turned and positioned bedbound patients to prevent bedsores and maintain comfort levels.
- Assisted clients with daily living needs, including bathing and personal grooming, to maintain self-esteem and general wellness.
- Supervised daily activities and provided assistance when needed.
- Maintained clean, safe and well-organized patient environment.

**Bridge Park Autumn Lake - Certified Nursing Assistant ,  
Baltimore, MD • 08/2019 - 11/2019**

- Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.
- Conferred with multidisciplinary healthcare team to help effectively manage patient conditions with regular testing and vitals assessments.
- Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals.
- Assisted patients with mobility needs, including moving to and from beds, organizing wheelchairs and preparing assistive devices.
- Cared for clients with diagnoses such as respiratory failure, diabetes, Parkinson's disease and muscular dystrophy.
- Checked patient vitals such as temperature, blood pressure and blood sugar to stay on top of symptoms and keep [Job title]s informed of changes.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Supported ambulation and physical therapy needs by conducting planned exercise routines.
- Oversaw and maintained patients' rooms, group living areas and nurse stations.
- Cared for average of [Number] patients per [Timeframe] in [Type] facility, delivering high-quality, efficient

support to meet all needs.