

Jaspreet Takhar, PA-C

Board certified physician assistant licensed to practice in Virginia with attention to detail and strong organizational skills for managing patient care plans. Willingness to learn new skills and thrive in a new environment

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EDUCATION

Eastern Virginia Medical School

Master of Physician Assistant

Virginia Tech

Bachelor of Science

Major: Biochemistry; Minor: Chemistry

EXPERIENCE

Physician Assistant, Allergy, Immunology & Asthma Center of Fredericksburg Oct 2023-present

- Conduct patient evaluations for pediatrics and adult populations, including comprehensive medical history assessments, physical examinations, and diagnostic tests
- Formulate accurate diagnoses and develop tailored treatment plans for patients with asthma, allergies, and immunological conditions
- Prescribe and manage appropriate medications and therapies based on patient needs and treatment plans
- Responsible for ordering and technical supervision of allergy immunotherapy, biologic treatment, treatment of adverse reactions to immunotherapy/immunizations, drug challenges, drug sensitization

Physician Assistant Student, Eastern Virginia Medical School 2021-2023

- Completed outpatient rotations in emergency medicine, women's health, family medicine, pain medicine, and pediatrics, inpatient rotations in general surgery, internal medicine, psychiatry
- Gained experience in placing IVs, venipuncture, corticosteroid joint injections, Synvisc knee injections, cryotherapy, incision & drainage, closing skin using sutures and staples, surgical scrubbing, placing foley catheters (male and female), cerumen impaction removal, splinting and casting, laparoscopic camera maneuvering, pelvic exams with pap smears, prepping and interpreting wet mounts, interpreting EKGs

Medical Assistant, Dominion Spine and Pain, Springfield, VA 2018-2020

- Directly assisted physician with lumbar epidural steroid injections, diagnostic blocks, radiofrequency ablations
- Collaborated with physician, physician assistant and other medical assistants as part of the healthcare team to manage patients with chronic pain
- Informed patients of their imaging results, diagnoses, and treatment plans
- Obtained patient vitals, placed IVs, documented patient medical history, collected specimens for drug testing

Medical Assistant, Urgent Care, Stafford, VA 2018-2020

- Collect patient history, vital signs and documenting EHR appropriately
- Collect lab specimens, give injections, ECGs, in-house testing, COVID testing, blood draws, remove sutures, ear irrigations, apply splints, dressings
- Assist providers in minor surgeries and physicals

Practice Manager, Urgent Care, Stafford, VA 2019-2020

- Oversee daily operations and responsibility for all non-provider and provider staff ensuring all patients receive high-quality and efficient care
- Provide management, guidance, and training to Medical Assistants and all clinical non-provider staff
- Fill in for staff as needed to ensure business continuity
- Interview, hire and onboards team members
- Schedule creation
- Monitor compliance with all clinical policies, procedures and training programs
- Performance management including coaching/counseling and delivering corrective action
- Ensure proper supply and inventory levels, including weekly supply ordering of office and medical supplies
- Partner with Physician and Physician Assistant to assist with day-to-day operations and needs

Medical Coordinator, Revive Neuromuscular Aesthetic Dentistry, Washington, DC 2014-2015

- Assisted in procedures with hygienist including periodontal assessment and periodontal probing
- Applied local anesthetic on patients as instructed by physician
- Prepared tray sets for dental procedures

Individual Giving Assistant, WAMU 88.5, Washington, DC 2012-2013

- Drafted and prepared acknowledgement letters for donors of the radio station
- Provided administrative support to coordinator, coordinated inventory orders and office supplies, and assisted with event planning

Teaching Assistant, Virginia Tech 2017-2018

- Led weekly tutoring sessions for students in General Biochemistry

CERTIFICATIONS

- Physician Assistant Certified– National Commission on Certification of Physician Assistants (NCCPA)
- Advanced Cardiac Life Support
- Basic Life Support
- Medication-Assisted Treatment-American Academy of Addiction Psychiatry
- Clinical Medical Assistant
- EKG Technician
- Phlebotomist

VOLUNTEER EXPERIENCES

HOPES Clinic Student Clinician
International Medical Relief-Zambia, Africa, Medical Assistant
American Red Cross, Ambassador
Habitat for Humanity, Volunteer
Cleveland Homeless Stand Down, Medical Volunteer
Raft Crisis Hotline, Suicide and Crisis Intervention Volunteer
Global Medical Brigades-Honduras, Medical Volunteer

PUBLICATIONS/COMPENDIUMS

Ehredt, Jr., D.J. Rogers, B., **Takhar, J.**, Payton, P., Siesel, K. (2022). Percutaneous Harvest of Calcaneal bone Autograft: Quantification of Volume and Definition of Anatomical Safe Zone. *Journal of Foot and Ankle Surgery*. 61(1): 27-31. <https://doi.org/10.1053/j.jfas.2021.06.001>.

Takhar, J. (2017). Use of a Hunter Rod for Staged Reconstruction of Peroneal Tendons. *The Journal of Foot & Ankle Surgery*. Kendrick A. Whitney editor, *Compendium of Podiatric Medicine and Surgery 2017* (pp. 101-102). Brooklandville, MD: Data Trace Publishing.

Takhar, J. (2017). Comparing Different Surgical Techniques for Addressing the Posterior Malleolus in Supination External Rotation Ankle Fractures and the Need for Syndesmotic Screw Fixation. *The Journal of Foot & Ankle Surgery*. Kendrick A. Whitney editor, *Compendium of Podiatric Medicine and Surgery 2017* (pp. 110-111). Brooklandville, MD: Data Trace Publishing.

Takhar, J. (2017). Outcomes of Tibiotalocalcaneal Arthrodesis Through a Posterior Achilles Tendon-Splitting Approach. *The Journal of Foot & Ankle Surgery*. Kendrick A. Whitney editor, *Compendium of Podiatric Medicine and Surgery 2017* (pp. 218-219). Brooklandville, MD: Data Trace Publishing.

ACTIVITIES/AWARDS

Ultrasound Club (2021-2023), Eastern Virginia Medical School

3rd Place, Kaiser Permanente Foot & Ankle Summit 2018, San Francisco, CA

Ehredt Jr., D.J., Rogers B., **Takhar J.**, Seisel K. (2018). "Percutaneous Harvest of Calcaneal Bone Graft: Evaluation of Complications, Quantification of Volume and Defining Anatomical Safe Zones."

Undergraduate Scholars Program Research Assistant, Nutritional Immunology and Molecular Medicine Laboratory, Virginia Bioinformatics Institute, Blacksburg, VA

-Assisted in projects using mouse models of infectious and immune-mediated diseases involving strains of *H. pylori*, influenza, and *Clostridium difficile*

-Assisted in performing mouse surgical work during necropsies, tissues extraction and cell isolation for flow cytometry

-Performed genotyping and statistical analysis on *IBM SPSS* software.

Dean's List, American University (2012-2014)

-Received a GPA above 3.67 with a full academic course load

PROFESSIONAL AFFILIATIONS/ORGANIZATIONS

Virginia Academy of Physician Assistants

American Academy of Physician Assistants