

# SONIA GRACE, AGACNP-BC

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Sonia Grace has over 35 years of healthcare experience, having APP proficiency in Addictions, Dual Dx. Psych, Palliative/Hospice, and experienced in ethics consults in a level 1 Trauma Facility. APP experience in Geriatric Psych/Primary Care House Calls in various Senior living environments and impoverished neighborhoods. Thriving in high quality care provides an empathetic approach. RN background includes Critical Care, Home Health/Hospice, Administration, Crisis Management, Integrative/Lifestyle Medicine, Parish Nurse/Minister, Nutritionist, and Wellness Coach.

## EDUCATION

08/24	Global Ministry	Ascend Academy – Ordination	Atlanta, Georgia
10/22	CNHP	Trinity College of Natural Health	Warsaw, IN
7/22	Psych. Redefined	Integrative Psych. Courses	Online
1/22	SAMHSA	X Waiver – Suboxone Training	Online
10/21	ACNP Conference	Barkley and Associates	Online
5/21	BA Ministry	Vision International University	Ramona, CA
5/19	AS Ministry	Christian Leadership University	Port Saint Lucie, FL
11/17	AGACNP	Walden University – GPA 3.67	Minneapolis, MN
11/12	BSN	Indiana Wesleyan University	Marion, IN
8/95	Diploma RN	Christ Hospital School of Nursing	Cincinnati, OH

## LICENSES, CERTIFICATION, CURRENT MEMBERSHIPS

BLS/ACLS 2022-2024

IN RN 1995-2023, IN Compact 2020-2023, GA Compact 2023-2025

AGACNP-BC via ANCC – 2018-2027

ANA and APNA 2022-2023

## EXPERIENCE

### **APR2023-Present**

ICU/IMCU (PCU)/I CONTRACT – PIEDMONT FIRST CALL STAFFING – care for critically ill in step-down critical care unit, float throughout hospital as needed, Precept Nursing students and New Grad RN's, Critical Care Resource, Assist Peers, and MDs as needed and requested with

Palliative/Hospice GOC conversations, with patients, families, and loved ones. Also assist Peers and MDs as requested and needed with management of Addiction/Psych patients, serving as mentor and educator.

**NOV2022-MAR2023**

ICU CONTRACT – NORTON CLINICAL AGENCY – care for critically ill patients in ICU setting – MS/SICU, CCU, Neuro and CVICU. Intervened emergently as needed. Care for COVID and Non Covid patients – teen to gerontological population.

**DEC2021-NOV2022**

ADDICTIONS/DUAL DX. PSYCH NP with X-WAIVER – HAVEN HEALTHMANAGEMENT – INDIANA CENTER FOR RECOVERY – Medically assisted withdrawal to outpatient clients, with management of chronic disease. Counseled as needed, providing trauma healing from Integrative Approach, and Spirit, Soul, Body Medicine. Integrated Lifestyle Medicine and Nutritional Approach to Care as accepted and needed. Collaborated with Therapists and Interdisciplinary team daily. Co-led/Assisted with Biblically based AA meetings, and resourced clients in spiritual growth/healing as desired.

**SEPT2021-NOV2021**

CRISIS RN ICU/PCU CONTRACT TRAVEL ASSIGNMENT – FASTAFF/US NURSING – cared for critical patients in ICU and PCU setting. Intervened emergently as needed. Care for COVID and Non Covid patients – cared for teen to gerontological population.

**APR2021-AUG2021**

PANDEMIC CRISIS RN/NP AND ADMINISTRATION IN MEDICAL CENTER IN KAMPALA UGANDA – cared for critical patients, as well as emergent interventions as center served as clinic, as well as ED/Critical care as needed, also delivered babies as a provider. Worked all aspects of nursing as RN and NP, equipping with education as needed and desired. Also completed administration activities and assisted in upgrading policies, procedures, and processes throughout the entire system.

**FEB2021-MAR2021**

CRITICAL CARE – ICU RN – CRISIS TRAVEL ASSIGNMENT WITH STATE OF CALIFORNIA (FAVORITE NURSES) – care for critically ill COVID and Non-COVID MSICU and CNICU, occ float to DOU (PCU) Tele and MedSurg units – caring for adult and geriatric patients.

**NOV.2020-FEB2021**

CRITICAL CARE - ICU RN – COVID UNIT – EASTSIDE MEDICAL CENTER - SNELLVILLE, GA – Care for critically ill COVID and Non-COVID MICU/SICU patients. Caring for young adult, adult, and geriatric patients

**MAY 2020-OCT. 2020**

NURSE PRACTITIONER – GRACE AT HOME- INDIANAPOLIS, IN – Primary, Psych, and Gero-Psych House Calls. Providing primary, and psych. care via telehealth, in homes, and assisted living facilities to homebound and limited mobility and disabled clients. Palliative/Hospice DOR as needed. Collaborate with Interdisciplinary team, community, and other specialties.

**FEB. 2020-AUG.2020**

CRITICAL CARE – RESOURCE RN – COVID UNITS -ST. FRANCIS INDPLS. - Admit and Care for critically ill patients, in MICU, SICU, CVICU, SPCU, CPCU, MPCU and various MEDSURG/TELE. Care for adult, geriatric, and pediatric patients.

**NOV. 2019-FEB.2019**

MED/SURG. TELEMETRY RN – JOHNSON COUNTY HOSPITAL, FRANKLIN, IN – Cared for pediatric, teenage, adult, and geriatric patients on MedSurg Tele unit in critical access hospital.

**MARCH 2018 – AUGUST 2019**

PALLIATIVE ACNP, ESKENAZI MEDICAL GROUP – LEVEL 1 TRAUMA HOSPITAL - Provide Symptom management and Goals of Care for inpatients throughout hospital, palliative care clinic, oncology clinic and home visit patients. Provide support to patients and families by providing education on end-of-life care, and complex medical cases, including addiction and acute pain management. Also operate as Hospice NP when death is imminent, and DOR with hospice patients. Provide Ethics consults with legal as needed through conflict resolution, being used for fellow teams, patients, and families. Collaborate with multidisciplinary medical team, social workers, and chaplains to provide integrated approach to care. Serve as palliative care billing and coding champion.

**AUGUST 2017 – NOVEMBER 2017**

NP STUDENT EMERGENCY DEPARTMENT, SCHNECK MEDICAL CENTER - Continued to grow in the acute care setting. Increased efficiency in assessments, diagnosis, and focused treatments. Continued growth in procedures, such as I&D, Sutures, etc.

**MAY 2017 – AUGUST 2017**

NP STUDENT HOSPITALIST GROUP, SCHNECK MEDICAL CENTER – Rounded in acute setting, on Medical/Surgical Unit, Progressive Care, and ICU. I would also participate in house wide hospitalist and medical floor interdisciplinary rounds in am, and ICU interdisciplinary rounds in afternoon. Learned to complete H&P, dictate discharges, and traditional documentation. Gained greater understanding of illness, treatment protocols, and rationales. Collaborated with teams.

**FEBRUARY 2017 – MAY 2017**

NP STUDENT PALLIATIVE/ONCOLOGY, SCHNECK MEDICAL CENTER – Elders rotation, purposed to see younger patients for increased learning experience. Managed patients in clinic setting primarily for consults and follow up visits. Also completed inpatient visits and home visits for hospice recertifications. Learned symptom management and cancer treatment guideline protocols.

### **OCTOBER 2016 – JANUARY 2017**

NP STUDENT INTEGRATIVE MEDICINE, SCHNECK MEDICAL CENTER – Saw patients 3 and up, primarily adolescent, adult/gerontology. Discussed illness and treatments, completed education related to nutrition, lifestyle, and recommended guidelines. Learned functional medicine and hormone regulation, auto immune disorders, chronic fatigue, and mold sensitivity/allergy treatments and protocols.

### **OCTOBER 2016 – FEBRUARY 2017**

CONTRACTED CRITICAL CARE RN, RN & ALLIED SPECIALTIES – Contracted Medical PCU/ICU/SPCU. Care for critically ill adults. Assist with process improvement and resource staff. Manage cardiac drips, monitored, and bipap/vented patients. Collaborate with current interdisciplinary staff to design and implement high quality care for patients and their significant others.

### **MAY 2016 – OCTOBER 2016**

RN SUPERVISOR, PREMISE HEALTH – LIFESTYLE MEDICINE CLINIC – Oversee management of Primary Care area of clinic. Dual role combines clinical, professional expertise, and supervisory responsibilities. Manage daily operations, workflow, work schedules, kronos. Responsible for process improvement, infection control, compliance, and quality, in collaboration with Practice Manager and Medical Director. Completes Incident Reports, investigations, and provides/implements resolutions. Mentors and Coaches staff, providing feedback. Manage internal budget, reviews expenses, purchases supplies, inventories equipment, medication, etc. Ensures appropriate staffing levels met. Conducts meetings and relays information bi-directional as appropriate. Assist in rooming patients, telephone education, and chronic disease management education.

### **NOVEMBER 2008 – JANUARY 2016**

CHARGE RN – CASE MANAGER, SCHNECK MEDICAL CENTER – Climbed clinical ladder to level of CN-IV. Charge nurse ICU 11/08-9/11. Managed critically ill and psych patients. Served on EBP council, interview team, and was chosen as Bedside Scientist. 9/11 to 9/13 RN case manager of 20-25 Hospice and Home Health patients. Redesigned and led Telehealth program. 9/13 to 1/16 Charge nurse on PCU, assisting in growth of new unit. Managed critically ill and acute CVA patients. Chair of UBC and Infection Control Champion.

### **JANUARY 2008 – NOVEMBER 2008**

RELIEF MANAGER – CHARGE RN, OREGON DOC – DRCI – 650 inmates, Relief Manager, Charge Nurse, Crisis Intervention Team, CPR Pro Instructor, Rotated med line, diabetic line, segregation, sick call, clinic, responded to all man downs, operated as ER/ICU as needed.

### **AUGUST 2007 – NOVEMBER 2008**

ADMINISTRATION, RN CASE MANAGER, ADDICTIONS – SHEPHERDS HOUSE HOMELESS SHELTER 32 bed men's shelter, wrote/implemented policies/procedures, worked front desk, cooked cleaned, managed volunteers, preached, case managed, counseled, led addiction groups, performed general nursing duties, took call 24/7, was part time after 1/08.

**FEBRUARY 2007 – AUGUST 2007**

HEALTHCARE COORDINATOR DNS, ALTERRA – 50 Bed Dementia home, oversaw total care of all residents, took administrator on-call, organized and managed interdisciplinary & interagency collaboration, completed reports for corporate, oversaw budget, wrote, and implemented policies & procedures.

**AUGUST 2004 – OCTOBER 2007**

CHARGE RN, HOUSE RN SUPERVISOR – Redmond OB/GYN Lead RN for first year. Redmond 6 bed ICU, relief ER, House RN Supervisor until 10/06. Bend ICU – Regional Level 1 Trauma Center – 18 bed – included MS, CCU, CVICU, Neuro/Trauma and Peds, managing critically ill in all expertise areas.

**NOVEMBER 2002 – AUGUST 2004**

CONTRACTED CRITICAL CARE RN – Contracted PCU/ICU/CCU/CVICU. Care for critically ill adults. staff to design and implement high quality care for patients and their loved ones. Worked with current team on process improvement, quality and education as needed.

**NOVEMBER 2000 – NOVEMBER 2002**

MANAGER SNF – 32 Bed SNF, oversaw care of all skilled residents, filled in for other LTC manager and administrator as needed. Collaborated care with interdisciplinary team and other outside agencies. Completed MDS assessments. Completed corporate reports. Assisted in hiring, disciplinary and termination procedures as needed. Oversaw budget and staffing. Implemented and wrote policies and procedures.

**AUGUST 1998 – JUNE 2000**

CONTRACTED CRITICAL CARE RN, RN SPECIALTIES – Contracted primarily CVICU and Trauma ICU, also worked other ICU/CCU/PCU as needed when not contracted in primary areas. Cared for critically ill at St. Francis and Wishard (now Eskenazi) primarily. Collaborated with interdisciplinary team.

**JUNE 1996 – AUGUST 1998**

STAFF RN – COLUMBUS REGIONAL HOSPITAL – Worked on 6 tower- medical/gyn unit, charge RN as needed, transferred to ICU, and cared for critically ill. Worked as solid team player, delivering high quality care, collaborating with interdisciplinary team.

**SEPTEMBER 1995 – JUNE 1996**

STAFF RN – HOOSIER CHRISTIAN VILLAGE- Worked as staff nurse in SNF/LTC facility. Cared for residents and families. Collaborated with outside agencies and fellow team members delivering high quality care.