

# Sara Esch

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Experienced nursing professional bringing demonstrated clinical expertise, leadership skills and technical knowledge. Graduated May 2023 from Kent State University with my Women's Health Nurse Practitioner Degree. I am now licensed as a WHNP-BC with my NPI and DEA in the state of Michigan. Chart auditing, staff scheduling, and oversee night shift nurses on a regular basis.

I have 12 years experience educating students who will become the nurses of tomorrow through online, in-person, clinical, NCLEX prep and remediation.

Excellent at peripheral IV starts and phlebotomy skills, often called to other units for difficult to start IV's and blood draws.

Proficient in EMR charting, administering and monitoring medications, and working with multidisciplinary teams to optimize patient care. Quality-driven and efficient with strong interpersonal abilities.

Authorized to work in the US for any employer

## Work Experience

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### **Adjunct Nursing Instructor**

Arizona College of Nursing - Southfield, MI  
April 2023 to Present

Educate nursing students through didactic and lab skills. Didactics are taught in the online environment.

### **IV Nurse**

Restore Hyper Wellness - Ann Arbor, MI  
April 2023 to Present

Start IVs and provide nutrient infusions as well as IM injections.

### **Nurse Faculty**

Schoolcraft Community College - Livonia, MI  
October 2011 to Present

Utilized various types of equipment and aids to enhance learning experience.

Lab simulations to enhance learning and building skills necessary for students' nursing career.

Encouraged maximal development by providing opportunities for inquiry on classroom subject matter and exploration of related subjects in the

Nurse Faculty clinical setting, nurturing individual strengths and interests.

### **IV RN**

ReHydrate - Burton, MI  
April 2023 to September 2023

Start IV's and provide micronutrient IV drips to clients. IM injections. EHR charting. Inventory. Semiglutide consults and administration.

## **Assistant Clinical Leader RN**

Ascension Providence Hospital - Southfield, MI  
July 2013 to May 2023

Attend all deliveries and emergency situations.  
Coordinated with healthcare team members to assess, plan and evaluate patient care plans.  
Utilized strong assessment skills to determine necessary patient care.  
Observed and reported symptoms, reactions and progress of each patient.  
Collaborated with physicians and staff in other disciplines.  
Start IV's on difficult to start patients on Labor and Delivery and throughout the hospital.  
Staff scheduling.  
Participate in the interview process of potential new employees.

## **Registered Nurse**

Hutzel Women's Hospital - Detroit, MI  
May 2007 to December 2017

Reviewed and tracked progress of mothers in labor, interpreted fetal heart monitor and informed delivering physician of status.  
Assessed and documented physical condition of mothers and babies and assisted doctors in identifying and treating complications during pregnancy and labor.  
Explained and demonstrated after-birth care to parents of newborns, answered questions and addressed concerns.  
Monitored condition of newborns and directed postpartum care with special focus on premature babies and babies with abnormalities.  
Monitored fetal heartbeat and length and strength of contractions to guide labor.  
Administered medications  
IV starts  
Supporting labor, delivery and care of newborns.  
Triage OB patients.  
Circulate in the OR for cesarean sections.

## Education

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### **Master of Science in Women's Health Nurse Practitioner**

Kent State University - Kent, OH  
May 2020 to May 2023

### **Master of Science in Nursing Education**

Walden University - Minneapolis, MN  
September 2007 to May 2011

### **Associate of Applied Science in Nursing**

Schoolcraft College - Livonia, MI  
August 2005 to May 2007

## Skills

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- Excellent with IV starts; Preceptor and Mentoring; Medication Administration (IV, IM, Subcutaneous, oral); Patient Assessments; Chart Audits; Triage; Encourage teamwork among all staff members; Employee Performance Evaluations; maintain a healthy work environment; EMR; Decision Making; Maternal and Fetal monitoring; Patient Chart Review; Department Leadership; Staff Scheduling (10+ years)
- Phlebotomy
- vaccine administration

## Certifications and Licenses

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**RN License**

**BLS Certification**

**NRP Certification**

**WHNP-BC**

**C-EFM**

## Additional Information

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Botox and Filler Certification