

Stefanie Cervero

76 Unit 2 Lantern Park Drive Naugatuck, CT, 06770 | 203-592-9629 | stefaniecervero@gmail.com

Objective

Caring, empathetic Mental Health Counselor with over two years' experience in a substance abuse setting. Exceptionally talented at building rapport with consumers from all walks of life; facilitating groups that encourage honesty and growth in recovery from substance abuse. In addition to having over four years background working with children and adults in crisis; exceptional skills in leading situation-specific, gender specific, and one on one counseling sessions.

Education

Fordham University | December 2019 | Bronx New York

Masters' of social work

Western Connecticut State University | May 2018 | Danbury Connecticut

B.S. Social Work | Dean's List | High Honors

Pre-Social Work/Human Services | May 2016 | Naugatuck Valley Community College Waterbury Connecticut

A.S. Pre-Social/ Human Services- High honors | Dean's List | Children and Families and Mental Health First Aid Certificate

Holy Cross High School | May 2011 | Waterbury Connecticut

High Honors | Students Against Destructive Decisions | Students Activists for the Environment

Employment History

Counselor | CNV Help Inc. | May 2018- Present

- Facilitate intensive outpatient groups, Outpatient, Cognitive Behavioral Therapy services and provide individual counseling services to adults struggling with substance abuse.
- Develop, implement, and document psychiatric services in addition to observing and monitoring consumer's response to treatment.
- Provided emergency response in crisis situations to diffuse tensions and prevent violence.

Life Skills Instructor | Ability Beyond | July 2017-March 2018

- Foster meaningful relationships among consumers through community engagement activities and advocacy.
- Provide continuous supervision to consumers with developmental disabilities and traumatic brain injuries by using assistive technologies.
- Identify obstacles to learning, activities of daily living, and social interactions in collaboration with providing positive reinforcement for performance.
- Maintain detailed and confidential files at a local non profit group home of 12 clients in addition to maintaining safety and security of all consumers under care.

Crew Member | Dunkin Donuts | May 2012-July 2017

- Collaborate with team members to complete efficient work, communicate openly with management team and train new employees.
- Clean and sanitize work station, common areas and restock supplies and food display cases.
- Prepare food according to customers' orders and supervisors' instructions, following approved procedures; in addition to providing excellent customer service and satisfaction within company policy.

Internships

Social Work Intern | Renato Network, Waterbury, CT | August 2017-Present

- Work as a substance abuse counselor for individuals with criminal background.
- Provide counseling and support to clients with drug and alcohol abuse diagnosis.
- Manage a caseload of over 20 individuals with substance dependence and co-occurring disorders.
- Strategize with clinical team to prevent inmate diversion, substance abuse relapse and recidivism.

Social Work Intern | Girl Scouts of America Waterbury, CT | January 2017-May 2017

- Accompany Social Workers to perform wellness checks, home and school visits in addition to learning cultural competency in diverse populations of girls within the greater Waterbury area.
- Collaborate with schools, family services, and health care providers to determine services.
- Advocate client rights, sought solutions to suit the clients' interests, while teaching girls to become more enriched in their community and how to practice basic life skills.

Social Work Intern | Carrington Elementary School Waterbury, CT | January 2015-May 2015

- Provide emotional support, brief interventions, care coordination to assist families and patients experiencing crisis and perform client screenings and accurately record data in clients' case files.
- Coordinated support for clients and family members by providing information for clients to access community resources for assistance.
- Advocate for children with special needs under supervision of certified teachers.