

Michelle Adams

4603 Hampton Falls Place San Jose, CA 95136 | (408) 489-1549 | yumichelle0907@gmail.com

SUMMARY OF QUALIFICATIONS

- Mastery of evidence-based, efficient, and compassionate patient care as demonstrated by my success as a physician assistant in internal medicine and surgical subspecialties
- Three years of experience working as a surgical physician assistant managing patients perioperatively with gastrointestinal, colorectal, and oncologic conditions
- Expertise in delivering effective patient education and counseling of chronic medical conditions
- Excellent bedside manner and empathetic communication skills
- Holistic and detail-oriented approach to patient care with consideration of patient psychosocial factors
- Ability to excel in a team environment and build positive relationships with patients, families, physicians, administrators, and co-workers
- Proficient in Spanish (reading, writing, speaking) and fluent in Korean (reading, writing, speaking)

EDUCATION

- **Duke University Physician Assistant Program**, Durham, NC
Master of Health Sciences – May 2018
PA Certificate of Completion – August 2018

Clinical rotations: Primary care, Internal medicine, Hospitalist medicine, Pediatrics, General surgery, Obstetrics/Gynecology, Emergency medicine, Behavioral medicine, Interventional radiology, Dermatology

- **University of California San Diego**, La Jolla, CA
Bachelor of Science in Human Biology – August 2012

CERTIFICATION

NCCPA Certification # 1155653

California Physician Assistant License # PA55894

Advanced Cardiac Life Support Provider

WORK EXPERIENCE

Physician Assistant

Palo Alto Medical Foundation General Surgery Department, San Jose, CA

August 2020 – Current

- Assessed and treated 15-20 adult and adolescent patients daily in an independent clinic setting for surgical issues, including subcutaneous masses, skin lesions, cellulitis/abscesses, anorectal conditions, nonhealing wounds, and pilonidal disease
- Worked closely with the Gastroenterology department to ensure continuity of care
- Executed preoperative evaluations for complex patients with multiple comorbidities
- Implemented postoperative treatment plans for analgesia, diet, medication modifications, and wound/drain management
- Educated patients on complexities of surgical risks/benefits to encourage informed decision making
- Performed surgical first assist duties for two general surgeons for open, laparoscopic, and robotic cases
- Demonstrated high competence in performing minor procedures, including incisional/excisional biopsies, excision of soft tissue masses, rubber band ligation, and drain placement
- Advanced skills in wound care include repair, debridement, and wound VAC management

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WORK EXPERIENCE, cont.

Physician Assistant

Family Asthma and Allergy Center, Redwood City, CA

September 2018 – August 2020

- Experienced in approach and workup for asthma
- Formulated treatment plans for mild/moderate/severe asthma patients, with a strong emphasis on patient education
- Administered and interpreted pulmonary function tests and methacholine challenge tests
- Gained expertise in the initiation and monitoring of biologic medications (Xolair, Nucala, Dupixent)
- Diagnosed and treated adult and pediatric patients with allergy related conditions, including allergic rhinitis, atopic dermatitis, contact dermatitis, urticaria, moderate/severe asthma, acute/chronic sinusitis, food allergy, and drug allergy
- Performed and interpreted allergy skin prick and intradermal testing, patch testing, penicillin allergy testing/oral challenges, and office food challenges
- Treated anaphylactic reactions in the outpatient setting

Health Services Specialist

Planned Parenthood Mar Monte, San Jose, CA

October 2013 – July 2016

- Provided direct patient care in women's health, primary care, and pediatrics in an underserved patient population
- Educated patients on contraceptive options, pregnancy counseling, STIs, reproductive disease
- Performed venipuncture, urinalysis, EKGs, vaccine administration, spirometry, in-clinic HbA1c's, and HIV testing with pre and post-test counseling for negative and positive results
- Worked with the Center Manager to implement a Patient-Centered Medical Home (PCMH) program
- Collaborated with the Associate Medical Director and other QI representatives in the affiliate to investigate, evaluate, and improve clinical performance

Clinical Operations Assistant

Aires Pharmaceuticals, San Diego, CA

September 2012 – July 2013

- Processed clinical regulatory documents for a private, Phase II clinical stage pharmaceutical company developing a drug for pulmonary hypertension

RESEARCH EXPERIENCE

Clinical Research Assistant

UCSD Department of Pathology, San Diego, CA

July 2011 - July 2012

- Recruited patients to participate in the Placenta Study at the UCSD Hillcrest Hospital's Labor and Delivery unit and Birth Center
- Collected placental samples using aseptic technique

SPECIAL SKILLS

Expert user of Epic and NextGen EHR systems; motivational interviewing; quality improvement planning