

Kristen A. Letry, PA-S3

Phone: (469)-226-5587

Address: 2436 S. Valley Pkwy, Lewisville, Texas 75067

Email: kletry@gmail.com

QR code for access to LinkedIn profile



Education

- 2021 - 2023 **University of Texas Rio Grande Valley**, Edinburg, Texas
Master of Physician Assistant Studies (MPAS)
**New grad from Dec 2023, certification & licensing in process*
- 2014 - 2018 **Texas State University**, San Marcos, Texas
Bachelor of Science, Microbiology with minor in Biochemistry, Magna Cum Laude

Clinical Experience

Rotations:

- | | |
|-----------------------|---|
| • Elective | Orthopedic Surgery Dr. H. Elzaim |
| • Emergency Medicine | South Texas Health System McAllen |
| • Family Medicine | Dr. Alfredo V. Gonzalez Clinic |
| • Pediatrics | All Children's Pediatric Clinic |
| • Surgery | UT Health RGV General Surgery |
| • Psychiatry | DHR Psychiatry Dr. Jose Igoa Clinic |
| • OB/GYN | Dr. Patrick Ellis, MD Clinic |
| • Internal Medicine | VA Texas Valley Coastal Bend Health Care System McAllen |
| • Capstone (12 weeks) | Texas Health Presbyterian Flower Mound Emergency Dept |

Evaluated and treated patients in the emergency department under direct guidance by physicians, physician assistants and nurse practitioners. Gained vast experience in interpretation of laboratory studies, imaging, medical decision-making best practices, diagnosis, treatment, and patient/family education. Assisted physicians by providing patient care activities during acute situations to ensure the appropriate care for all patients was provided in a timely manner. Successfully documented thorough assessments of patients in their electronic medical records. Effectively performed and developed a high level of proficiency in the procedures listed below.

Proficient in:

- History and physical examination
- Cardiopulmonary resuscitation
- Aseptic & isolation techniques
- Interpretation of EKGs
- Closure of wounds via sutures, staples
- Incision and Drainage
- Wound care & dressing changes
- Venipuncture
- IV catheter placement
- Intra Articular injection
- Rectal exam (Male & Female)
- Pelvic & Bimanual exam
- Breast exam
- Papanicolaou cytology smears
- Foley catheter placement
- NG tube placement and removal
- Digital block
- Nail removal
- Casting and splinting
- Wood's Lamp exam
- Epley Maneuver

Experience in:

- FAST Exam
- Conscious sedation
- Central line placement
- Intubation
- Lumbar puncture
- Arthrocentesis
- Reduction of fractures and dislocation
- Nexplanon implantation & removal

Professional Experience

- 2019 - 2021 **North Texas Diabetes and Endocrinology (NTDE)**
Medical Assistant Dr. Wasim Haque, MD Flower Mound, Texas
Functioned as a critical team member of a busy endocrinology practice with multiple providers. Provided direct patient care by checking in patients, obtaining vital signs, refilled medications, administered subcutaneous and intramuscular injections. Provided patient education on medications, diet, exercise, insulin regimens and various insulin pumps and continuous glucose monitoring systems (CGMs). Maintained a safe, secure and HIPAA compliant work environment.
- 2018 - 2019 **ProScribe**
ER Scribe Texas Health Presbyterian Hospital ER Flower Mound, Texas
Documented patient electronic medical records in real time with accuracy and precision for several physicians in a fast-paced emergency department. Documented history, past medical history, physical exam, consults, and procedure notes using proper medical terminology.
- 2015 - 2018 **ProScribe**
ER Scribe Central Texas Hospitals/ER Buda, Kyle, San Marcos, New Braunfels, Seguin
Documented patient electronic medical records in real time with accuracy and precision for several physicians in several fast-paced emergency departments. Documented history, past medical history, physical exam, consults, and procedure notes using proper medical terminology.

Certifications

- National Commission on Certification of Physician Assistants (NCCPA)
- Certified Physician Assistant, Texas Medical Board (TMB) – *Pending with upcoming PANCE*
- Basic Life Support (BLS) for Providers
- Advanced Cardiac Life Support (ACLS) for Providers

Professional Memberships

- Texas Academy of Physician Assistants
- Rio Grande Valley Physician Assistant Society

Teaching Experience

- Teaching & Laboratory Assistant, Texas State University, Introductory Biology Courses, 2016-2018

Research Experience

- Texas State University, Department of Biology
 - Letry, K. A., Castro, E. D., Gupta, S. K. and Kumar, M. Industrial Wastewater-Based Algal Biorefineries: Application Constraints and Future Prospects. In: Gupta S., Bux F. (eds) *Application of Microalgae in Wastewater Treatment*. Springer, Cham. 2019. Vol 2: pp 371-392.
- Haque, W. A. and Letry, K. A. Diabetes and Distress and Patient Satisfaction with Diabetes Treatments
 - Earned certification as a Clinical Research Coordinator through the *Citi Program*

Computer Skills

Proficient in electronic medical records, including EPIC, Cerner, and eClinicalWorks.
Proficient in MS Office Suite

Languages

- English
- Spanish (Beginner level, learning)