



Tamara Russell

EXPERIENCE

May 2023 - Current

Advanced Registered Nurse Practitioner Caring NP PLLC

- APRN providing bariatric care to the adult population; providing mental health care and treatment to adolescents and adults.

March 2020 - August 2023

Advanced Registered Nurse Practitioner Coastal Mental Health Center

- APRN providing mental health care and treatment in the community mental health setting

September 2014 - March 2020

Advanced Registered Nurse Practitioner Home Physicians Group | Orlando, FL

- APRN providing acute and chronic disease management in the geriatric setting.

October 2011 - September 2015

On - Call Hospice Nurse Samaritan Care Hospice | Orlando, FL

- Registered nurse providing on-call hospice and palliative care in inpatient and outpatient settings ranging from assessment to development and implementation of care plans.

September 2005 - September 2011

Hospice Team Manager Vitas Innovative Hospice | Orlando, FL

- Registered nurse providing palliative care in inpatient and outpatient settings ranging from assessment to development and implementation of care plans.

Geriatric Care Experience

- 18 years of experience obtained at long-term care facilities located in Ohio, North Carolina, and Florida.

📍 Orlando, US 32818

📞 407-864-0876

✉️ Caringnp1@outlook.com

SUMMARY

Highly skilled and compassionate nurse practitioner with a doctorate degree, specializing in both psychiatry and family practice. With board certifications in both fields, I bring a unique and comprehensive approach to patient care. With 3.5 years of experience in psychiatry and 9 years of experience in family practice, I have successfully treated patients across the lifespan. My expertise allows me to provide integrated and holistic care, addressing both mental health and overall well-being. I am committed to staying updated with the latest advancements in both specialties and delivering exceptional care to make a positive impact on the lives of individuals and families.

SKILLS

- Experienced in treating the adult and pediatric mental health populations.
- Proficient in conducting mental health assessments and developing individualized treatment plans.
- Skilled in conducting physical examinations.

EDUCATION AND TRAINING

December 2019

Psychiatric Mental Health Nurse Practitioner

Maryville University – St. Louis, MO

GPA: 4.0

May 2018

Doctor of Nursing Practice

Chatham University – Pittsburgh, PA

GPA: 3.96

- Pediatric and adult exams competency
- Geriatric treatment knowledge
- Culturally sensitive
- Diagnosing, treating, and managing various psychiatric and physical conditions
- Strong medical ethics
- Medication Prescribing
- Medical Charting
- Diagnostic Testing
- Disease Prevention
- Patient Care Standards
- Effective Written and Verbal Communication
- Regulatory Compliance
- Therapeutic Intervention
- Patient Education
- Risk Factor Identification
- Healthcare Management
- Treatment Plan Development
- Patient Counseling
- Diagnosis and Treatment

May 2014

Master of Science: Family Nurse Practitioner

Graceland University - Lamoni, Iowa, US

GPA: 4.0

January 2010

Bachelor of Science: Nursing

University of Central Florida - Orlando, FL, US

January 1988

Associate of Science: Nursing

Hocking Technical College – Nelsonville, Ohio

CERTIFICATIONS

ANCC board certified Psychiatric Mental Health Nurse Practitioner

AANP board certified Family Practice Nurse Practitioner

LICENSES

Advanced Registered Nurse Practitioner in the state of Florida, APRN
2813032

Advanced Registered Nurse Practitioner in the state of OHIO,
APRN.CNP.0033957

REFERENCES

References available upon request.