

Sally Worst, PA-S
Brooks, GA
770-815-0247. worst.sally@gmail.com

EDUCATION

Slippery Rock University, Slippery Rock, PA
Master of Science in Physician Assistant Studies

May 2022

Mississippi State University, Starkville, MS
Bachelor of Science in Kinesiology
Minor: Biology

May 2020

CLINICAL ROTATION EXPERIENCE

Psychiatry/Behavioral Medicine: Wellington Retreat/ Family Center for Recovery, Lantana, FL

Primary Preceptor: Robert Moran, MD

March 2022- April 2022

- Inpatient facility treating adolescents and adults.
- Obtained histories and treated psychiatric conditions and symptoms: such as major depressive disorder, generalized anxiety disorder, substance use disorder, schizophrenia, schizoaffective, bipolar I, ADHD, suicidal ideation, and self-harming.
- Ordered and interpreted labs and diagnostic studies and monitor drug side effects.
- Talk to parents about patients recovery and obtain consent for medications.
- Participated in leadership by being a student leader. I made the schedule each day for the adolescents' groups and assigned patients to students. Also, I would help adequate new students when they started the rotation.

Pediatrics: Kids Plus, Squirrel Hill/ Greenfield, Pittsburgh, PA

February 2022- March 2022

Primary Preceptor: Ashley Riley, MD

- Outpatient setting that saw newborns up to 22 years of age. Also, worked with lactation specialist.
- Treated pediatric population for common complaints and conditions such as headache, abdominal pain, dysuria, rashes, upper respiratory infections, otitis media, croup, bronchiolitis, anxiety, depression, attention deficit/hyperactive disorder, eating disorders, and eye pain.
- Gathered histories from both parents and patients and performed physical exams for both well and sick visits.
- Educated parents and patients on conditions, normal growth and development, anticipatory guidelines, vaccinations, and milestones.

Obstetrics and Gynecology: All About Women Health Associates, Weirton, VA

Primary Preceptor: John Luiza, MD

January 2022- February 2022

- Obtained histories for both obstetrics and gynecology such as yearly physicals, obstetrics appointments, vaginal discharge, vaginal atrophy, dysmenorrhea, menorrhagia, contraception, contractions, gestational diabetes, miscarriages, and post-partum depression.
- Performed breast exams, pelvic exams, PAP smears, and abdominal exams.
- Interpret lab values and culture values such as CBC, CMP, urinalysis, glucose test, PAP smear results.
- Treated and educated patients on contraception use, menopause, pregnancy complaints, pre-eclampsia, gestational diabetes, along with bacterial vaginosis, candida infections, and gonorrhea/chlamydia.
- Assisted in vaginal deliveries and deliveries of the placenta. Assisted in the operating room for tubal ligation and cesarian section.

Pulmonology- BHS Pulmonary Associates, Butler Hospital, Butler, PA

December 2021

- 7 days in the ICU and 7 days in the inpatient setting.
- ICU care of critical conditions such as respiratory distress in COVID patients, cardiogenic shock, drug withdrawal, septic shock, and post-operative heart patients.
- Inpatient care of individuals with COVID not yet needing a ventilator, COPD exacerbation, pulmonary fibrosis, and pneumonia.
- Assisted in taking histories, physicals, and writing progress notes on the inpatients.

Cardiothoracic Surgery - HVHS Surgical Associates, Beaver, PA

November 2021- December 2021

Primary Preceptor: Dinesh Bhaskaran, MD

- Prepped the patient prior to surgery with foley catheter placements, femoral arterial lines, and sterilization of the patient.
- First assist in open heart surgeries such as coronary artery bypass grafts and aortic valve replacements. Observed and assisted in retrieval of the greater saphenous vein in the lower extremities. Assisted in closing the chest and the leg incisions.
- Monitored patients' vitals post op in ICU along with interpreting and reading chest x-rays.
- Observed post op and intake of new patients in the outpatient setting.

General Surgery- HVHS Surgical Associates, Beaver, PA

September 2021- October 2021

Primary Preceptor: Robert Meuser, MD

- First assist in surgeries such as appendectomy, cholecystectomy, colon resections, inguinal hernias, ventral hernia, umbilical hernias, AV fistula, rectal foreign body removal, and skin lesion removals.
- Gathered appropriate history and physicals to develop a plan and management for patients with cholelithiasis, cholecystitis, appendicitis, sigmoid volvulus, SBO, diverticulitis, skin abscesses, rectal foreign body, incarcerated hernias, hemorrhoids, AV dialysis consults.
- Monitored post operative patients in the hospital along with follow ups in the outpatient setting.
- Assisted in wound care in patients with diabetes and PAD in inpatient and outpatient clinic.

Family Medicine – BHS Primary Care, Ford City, PA

August 2021- September 2021

Primary Preceptor: Jessica Bruce, PA- C

- Develop plans and management for chronic conditions such as hypertension, hyperlipidemia, diabetes, hypothyroid, anxiety, depression, chronic back pain, ADHD, patients on warfarin, hidradenitis suppurativa, headaches, asthma, COPD, and GERD.
- Developed plans and management for acute conditions such as acute sinusitis, otitis media, diverticulitis, burns, positional vertigo, herpes zoster, contact and atopic dermatitis, upper respiratory disease, bronchitis, peptic ulcer disease, Lyme disease, and testicular mass.
- Performed procedures such as vaccinations, suture removal, staple removal, dressing changes, ACE wraps, and ear irrigation. Interpret lab values and made appropriate adjustments to patients' medications and plan.
- Gathered patient's history and performed physical exams for the above conditions, along with partaking in Medicare well checks.

Oncology- AHN Allegheny Oncology Network, Pittsburgh, PA

July 2021- August 2021

Primary Preceptor: Moses Raj, MD

- Obtained patient's history, performed physical exams, and interpreted lab values for oncological disorders such as lung, pancreatic, liver, colon, and rectal cancer. Along with hematological conditions such as sickle cell anemia and hemophilia.
- Increased my knowledge of certain chemotherapy agents along with their side effects, along with treating certain side effects such as nausea, vomiting, neuropathy, hand and foot, mouth ulcers.
- Gained experience with EPIC emr system. Worked in a team oriented patient care along with other physicians, fellows, nurses, advance care practitioners, and techs.

Internal Medicine- HVHS internal Medicine Hospitalists, Beaver, PA

June 2021- July 2021

Primary Preceptor: Tyler Hays, PA-C

- Provided care in the inpatient setting with exacerbated conditions in the adult and geriatric population. Conditions such as COPD exacerbation, DKA, alcohol with drawl, urinary tract infections, sepsis, COVID, stroke, chest pain, pancreatitis, atrial fibrillation, diabetic ulcers, and PUD.
- Performed and obtained patient's history, physical exams, interpret lab values. diagnostic images (CT/X-ray), ECG, develop a plan, provide education, and perform CPR.
- Collaborated with physicians, advance practice providers, nurses, nurse techs, phlebotomy, and other health care workers to provide care to patients.

Emergency Medicine- Titusville Area Hospital, Titusville, PA

May 2021- June 2021

Primary Preceptor: Lawrence Newhook, MD

- Provided care to individuals in an acute setting with emergent conditions such as chest pain, COPD and CHF exacerbation, trauma injuries, appendicitis, pancreatitis, labor and delivery, acute respiratory distress from COVID, back pain, and headache.
- Performed clinical skills including EKG placement and interpretation, urinalysis and laboratory interpretation, diagnostic imaging interpretation (CT and X-ray), suturing, incision and drainages, stenting and casting, IV insertion, and venipunctures.
- Educated patients on their condition, treatment options and plan, along with proper discharge instructions.

CLINICAL WORK EXPERIENCE:

Thomas Urology, Starkville, MS

September 25, 2019- May 2020

Medical Assistant Internship

- Provided direct care to patients including vital signs, blood draws, urinalysis, post void residual US, and local injections.
- Demonstrated communication skills between patient's and the providers by taking brief overview of their complaint.
- Worked with EMR system with ordering labs and how to interpret lab values.

Oktibbeha County Hospital, Starkville, MS

October 01, 2018- April 24, 2019

Ward Clerk

- Provided organization skills to patient's charts, doctor orders, and nutrition room.
- Multi-tasking with answering phones, answering patient's call lights, entering doctors order, and assisting nurse technicians when needed.
- Performed communication and interpersonal skills between specialties.

LICENSURE AND CERTIFICATIONS

Basic Life Support, **American Heart Association**
Advanced Cardiac Life Support, **American Heart Association**
NCCPA Physician Assistant Certification

August 2020
March 2021
Anticipated for June 2022

RESEARCH EXPERIENCE:

SRU Postpartum Depression

Pre-Pandemic Contributing Factors to Postpartum Depression: What can we expect Post-Pandemic

- Responsibilities: Research background information, Poster completion, Present poster at the Annual PSPA conference.
- Faculty Advisor: Breanne Westendorf, PA-C, Olivia Buterbaugh, PA-C, Heather Rapp, PA-C, & Natalie Brahm, PA-C

PROFESSIONAL AFFILIATIONS

- *Pennsylvania Society of Physician Assistants*
- *American Academy of Physician Assistants*

COMPUTER SKILLS

- Utilizations of WORD and Excel
- Familiar with EMR system such as EPIC and Meditech

REFERENCES:

Heath Rapp- PA-C
Tyler Hays- PA-C:
John Luiza, MD

Contact: heather.rapp@sru.edu
Contact: hays.tyler@gmail.com
Contact: jluiza@aawha.com