

Jessica Goodman, PhD, LMFT

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Education

East Carolina University, Greenville, NC

May 2019

PhD, Medical Family Therapy

- Dissertation: Creation of Frequent Emergency Department User Patient Phenotypes Using State-level Population Health Data
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East Carolina University, Greenville, NC

Expected August 2020

Graduate Certificate, Health Informatics

- Specializing in machine learning on frequent utilization in emergency medicine
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University of Rochester, Rochester, NY

Expected December 2019

Advanced Teaching Recognition

- Completion of one higher education teaching course, eight additional education-related trainings, evaluation of teaching efficacy by a faculty member, analysis of student feedback, self-evaluation, and an e-Portfolio demonstrating teaching abilities
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University of Massachusetts, Boston, MA

May 2015

MS, Family Therapy

Kent State University, Kent, OH

August 2008

BA, Psychology

Licenses

Licensed Marriage and Family Therapist (LMFT), New York State (#001610)

Eligible 02/01/2019 for Approved Supervisor, American Association for Marriage and Family Therapy (AAMFT)

- Provided 316 hours of clinical supervision as of 11/15/2019
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Book Chapters

- Lamson, A. L.* & **Goodman, J. M.***. Integrated care in the intensive care unit (2018). In Mendenhall, T. J., Lamson, A. L., Hodgson, J. L., & Baird, M (Eds.), *Clinical methods in medical family therapy*.
- Lamson, A. L., **Goodman, J. M.**, Lacks, M., & Jordan, C. (2019). The Ethics of working with Service members, Veterans, and their families. In Brown, K. (Ed.), *Untitled*.

*Denotes co-first authors

Refereed Journals

1. **Goodman, J. M.***, Morgan, A. A.*, Hodgson, J. & Caldwell, B. (2018). From private practice to academia: Integrating social and political advocacy into every MFT identity. *Journal of Marriage and Family Therapy*, 44, 32-45. doi: 10.1111/jmft.12298
2. **Goodman, J. M.**, Hylock, R. H., Lamson, A. L., Williams, R., Jensen, J., & Delbridge, T. Frequent emergency department user patient subgroups: Development of an empirical, theory-grounded definition using population health. Invited article for special issue of *Family, Systems, & Health*.
3. **Goodman, J. M.**, Lamson, A. L., Williams, R., Hylock, R. H., Jensen, J., & Delbridge, T. Emergency department use: Empirically-informed policy recommendations. Invited article for special issue of *Family, Systems, & Health*.
4. **Goodman, J. M.**, Lamson, A. L., Williams, R., Hylock, R. H., Jensen, J., & Delbridge, T. The operationalization of frequent emergency department use: A systematic review. Submitted to *Healthcare Management and Review*.
5. **Goodman, J. M.**, Hylock, R. H., Lamson, A. L., Jensen, J. F., & Delbridge, T. Emergency department patient subgroups: An interdisciplinary, translational methodological approach using machine learning. Submitted to *Health Services Research*

6. **Goodman, J. M.**, & Lamson, A. L. Walking beyond the straight and narrow: Emergency department utilization through a systemic lens. Submitted to *Journal of Health Services Research & Policy*.
7. Lacks, M. L., Lamson, A. L., **Goodman, J. M.**, Rappleyea, D., Littleton, H. & Russoniello, C. The interplay of the biological, psychological, social, and spiritual health of active duty women. Submitted to *Journal of Aggression, Maltreatment & Trauma*.
8. **Goodman, J. M.**, Decaparo-Ryan, L., & Nicholas, J. *Addressing challenging interactions with residents and their families in long-term care: A novel training program for staff*. Intended for *Nurse Education Today*.

*Denotes co-first authors

Contributions to the Field

1. AAMFT. *Competencies for family therapists working with Military and Veteran populations*.
 - Completed by Lacks, M. H., Lamson, A. L., & **Goodman, J. M.**
 - Utilized modified Delphi study methodology to develop competencies for the national professional family therapy organization at the request of the Tracy Todd, PhD, LMFT, CEO of AAMFT
 - Adopted by AAMFT board and disseminated to AAMFT membership 2/1/2020

Refereed Presentations

1. **Goodman, J. M.** (2019). *Emergency department patient subgroups: An interdisciplinary, translational approach*. Presented at Steadman Family Prize in Interdisciplinary Research competition. Rochester, NY
2. **Goodman, J. M.** (2019). *Emergency department patient subgroups: A systemic approach*. Presented at National Postdoc Appreciation Week Showcase. Rochester, NY
3. **Goodman, J. M.** & Lamson, A. L. (2019) *EHR cluster analysis: Maximizing patient care*. Collaborative Family Healthcare Association conference, Denver, CO.
4. Morgan, A. & **Goodman, J. M.** (2018). *Where do we go from here? Approaches to integrating advocacy into the family therapist identity*. National Council on Family Relations conference, San Diego, CA.

Refereed Posters

1. **Goodman, J. M.**, Lamson, A. L., Williams, R., Hylock, R. H., Jensen, J., & Delbridge, T. (2018). Operationalizing frequent use: Research constructed on groundless definitions. Poster presented at Collaborative Family Healthcare Association conference, Rochester, NY.
2. Sesemann, E. & **Goodman, J. M.** (2018). Burnout prevention among providers: A mindfulness-based approach. Poster presented at Collaborative Family Healthcare Association conference, Rochester, NY.
3. **Goodman, J. M.** & Lamson, A. L. (2018). Operationalizing frequent emergency department use: A systematic review. Poster presented at 4th annual Public Health Research Symposium, Greenville, NC.
4. **Goodman, J. M.** & Lamson, A. L. (2018). Operationalizing frequent emergency department use: A systematic review. Poster presented at 12th annual Research & Creative Achievement Week, Greenville, NC.
5. **Goodman, J. M.** & Lamson, A. L. (2018) Systemic implications for operationalizing ED use: A systematic review. Poster presented at North Carolina Association of Marriage and Family Therapists, Winston-Salem, NC.

Blogs & Newsletters

1. **Goodman, J. M.** & Sesemann, E. (2016). *Creating space: LGBT patients and families*. Collaborative Family Healthcare Association. Retrieved from: <http://cfha.site ym.com/blogpost/753286/258826/Creating-Space-LGBT-Patients-and-Families>

Editorial Contributions

1. **Reviewer**, *Military Family Health*, 2019
2. **Junior Editor**, Mendenhall, T. J., Lamson, A. L., Hodgson, J. L., & Baird, M (EDS). (2018). *Clinical methods in medical family therapy*. Spring International Publishing.
3. **Ad Hoc Reviewer**, *Journal of Marital and Family Therapy*, 8/2019-Present
4. **Apprentice Reviewer**, *Journal of Marital and Family Therapy*, 9/2016-05/2019
5. **Editor-in-Chief**, Alliance of Military and Veteran Behavioral Health Providers Newsletter, 6/2016-6/2017

Reviewing Activities for Conferences

1. 02/2017 - Present Collaborative Family Healthcare Association (CFHA)

Other Service

1. 10/2019 - Present Early Career Representative, Families and Health Special Interest Group, CFHA
2. 10/2019 - Present Voting Member, Research and Evaluation Committee, CFHA
3. New York State continuing education credit application

Funding

1. Title: *Exploration of the relational-decision making process in determining whether to seek emergency department care*
 - Funding Agency: Institute for the Family
 - Dates: 02/01/2020 to Present
 - Amount: \$5,000
 - Role: Principal Investigator
 - Co-Investigator: Beau Abar, PhD

Research Fellowships, Prizes, and Awards

1. Title: *Operationalizing frequent emergency department use: A systemic perspective.*
 - Awarding Agency: 10th Annual Thesis and Dissertation Awards, Graduate College, East Carolina University
 - Decision Date: 05/2020
2. Title: *Emergency department patient subgroups: An interdisciplinary, translational approach.*
 - Awarding Agency: Steadman Family Postdoctoral Prize in Interdisciplinary Research, University of Rochester
 - Amount: \$1,000
 - Award Date: 09/2019
3. Title: *Emergency department patient subgroups: An interdisciplinary, translational approach.*
 - Awarding Agency: Postdoctoral Association, University of Rochester
 - Amount: \$100
 - Award Date: 09/2019
4. Title: *From private practice to academia: Integrating social and political advocacy into every MFT identity.*
 - Awarding Agency: 2018 Top Downloaded Articles, *Journal of Marital and Family Therapy*
 - Award Date: 06/2019
5. Outstanding Medical Family Graduate, 2019
 - Awarding Agency: Department of Human Development and Family Science, College of Health and Human Performance, East Carolina University
 - Award Date: 04/2019
6. Title: *From private practice to academia: Integrating social and political advocacy into every MFT identity.*
 - Awarding Agency: Best Research Paper, Family Therapy section, National Council on Family Relations
 - Amount: \$250
 - Award Date: 11/2018
7. Student Employee of the Year
 - Awarding Agency: Kent State University
 - Amount: \$100
 - Award Date: 05/2005
8. F.E. Davidson Scholarship Award, Undergraduate Psychology Student of the Year
 - Awarding Agency: Department of Psychology, College of Arts & Sciences, Kent State University
 - Amount: \$150
 - Award Date: 05/2004

Current Research Initiatives

1. Emergency Department

- Relational decision-making in emergency department (ED) utilization, University of Rochester
- Translational approach to address ED utilization from a systemic perspective, East Carolina University and University of Rochester

2. Teaching-as-Research

- Evaluation of narrative-informed medical family therapy training clinic, University of Rochester
- Evaluation of long-term care staff training program to address challenging behaviors and family interactions, University of Rochester

Courses Taught

University of Rochester

2020 (Spring)	MFT Master's, PSI 564, Family Law, Policy, and Social Systems
2019 - 2020	Geriatrics Rotation, Department of Medicine, Biopsychosocial, Relational Approach to Healthcare
2019 (Summer)	Medical Family Therapy Post-degree Certificate, PSI 562, Systems Consultation and Intervention

East Carolina University

2017 (Fall) - 2018 (Spring) Brody School of Medicine, Doctoring

Kent State University

2003 (Fall)	Supplemental Instruction, Psychology 101
2004 (Spring)	Supplemental Instruction, Psychology 101
2004 (Fall)	Supplemental Instruction, Psychology 101
2005 (Spring)	Supplemental Instruction, Psychology 101

*Co-developed course

Teaching Assistant

East Carolina University

2017 (Spring) MFT Master's, HDFS 6425, Assessment and Treatment Planning in Family Therapy

Trainings, Lectures, and Workshops Given

11/2019 - Present	Highlands at Brighton Long-term Care (LTC), Addressing challenging behaviors and family interactions in LTC
09/2019 - Present	MFT Master's, University of Rochester, Narrative-informed Medical Family Therapy Training Clinic
11/2019	Project ECHO, University of Rochester, Trauma-informed Care in LTC
10/2019	MFT Master's, University of Rochester, Relational Intervention in LTC
09/2019	Project ECHO, University of Rochester, Addressing Behavior Concerns in LTC: A Systemic Approach
05/2019	MFT Master's, University of Rochester, Motivational Interviewing in LTC
04/2019	MFT Master's, University of Rochester, Incorporating Advocacy and Policy into Every MFT Identity
10/2018	MFT Master's, University of Rochester, A Strengths-based Approach to Risk Assessment
11/2017	Pediatric Psychiatry Fellowship, East Carolina University, Postmodern Approaches in Family Therapy
09/2017	Cherry Point Marine Corps Base, Biopsychosocial-spiritual Approach to Treating Military and Veteran Families

Coaching

2019 (Fall) - 2020 (Spring) R1 Geriatrics Rotation, Internal Medicine, University of Rochester

Clinical Supervision

08/2018 - Present Strong Family Therapy Clinic, University of Rochester Medical Center (URMC), Rochester, NY
08/2018 - Present Monroe Community Hospital, Rochester, NY

Clinical

07/2019 - Present UR Medicine Telehealth, Mental Health and Wellness, URMC, Rochester, NY
08/2018 - 06/2019 Institute for the Family, Department of Psychiatry, URMC, Rochester, NY
01/2017 - 12/2017 Dental and Community Health, Greene County Healthcare, Greenville, NC
01/2017 - 05/2017 Behavioral and Dual Diagnosis Inpatient Unit Rotation, Vidant Medical Center, Greenville, NC
08/2016 - 05/2017 Family Therapy Clinic, East Carolina University, Greenville, NC
07/2016 - 12/2016 Occupational Health Rotation, Vidant Medical Center, Greenville, NC
06/2014 - 05/2016 Safe at Home, The Home for Little Wanderers, Somerville, MA
05/2015 - 03/2016 Emergency Department and Community First-responder, Boston Emergency Services Team, Boston, MA

Clinical Consultation

08/2019 - Present Psychiatric Inpatient to Skilled Nursing Facility Transition, ECHO Project, Rochester, NY
08/2019 - Present Internal and Family Medicine Resident Morning Report, Highland Hospital, Rochester, NY

Administration

07/2019 - Present Co-developer, MFT Continuing Education Credit Program, University of Rochester, Rochester, NY

Health Policy Consulting

08/2012 - 04/2014 Analytics and Epidemiological Research, Policy Wisdom, Miami, FL
01/2007 - 03/2008 Data Analytics Practice, Avalere Health, Washington, DC

Other Certificates

2010 Six Sigma Green Belt, University of North Florida, Jacksonville, FL
2009 Kaizen, Jacksonville Lean Consortium, Jacksonville, FL
2003 International TUTOR Training Program Certificate, College Reading and Learning Association

Memberships

- Collaborative Family Healthcare Association (CFHA)
- American Association for Marriage and Family Therapy (AAMFT)
- New York Association for Marriage and Family Therapy (NYAMFT)
- International Family Therapy Association (IFTA)

Languages

- **English:** Native speaker

- **Italian:** Conversational

- **Spanish:** Basic