



SHANNON WELDON

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Summary

Qualified Adult/Geriatric Nurse Practitioner focused on providing quality care and health education that enables patients to live and thrive in their chosen environments. Exceptional project management skills, critical thinking and decision making skills and self-directed task completion talents.

Skills

- Providing care in home environment
- Assessment and evaluation of adult patients
- Primary care
- Diabetes and nutrition treatments
- Health assessments
- ELNEC trained (End-Of-Life-Care)
- American Geriatric Society Member
- Sigma Theta Tau Honor Society of Nursing
- Acute and chronic conditions
- Teamwork / Collaboration
- Patient / Family Education and Instruction
- Exemplary communication
- Disease prevention
- Physician support
- Care Coordination
- Proficient on numerous electronic medical record software systems

Experience

Optum | Albuquerque, NM
Geriatric Nurse Practitioner
02/2023 - Current

- Managed care of geriatric patients with multiple comorbidities such as hypertension, diabetes, renal failure, cardiac disease, dementia, strokes, seizures and cancers.
- Performed physical exams, ordered and evaluated lab tests, prescribed and monitored effectiveness of medications.
- Built trust and rapport with patients by listening to concerns, advocating for wellness and educating on acute and chronic health issues.
- Maintained strict patient data procedures to comply with HIPAA laws and prevent information breaches.

Circle Medical, a UCSF affiliate | San Francisco, CA
Adult Nurse Practitioner
06/2021 - 02/2023

- Delivered primary care for patients by performing physical exams, ordering and evaluating lab tests, providing referrals for specialty services and ensuring patients received appropriate follow-up care.
- Delivered excellent care through non-traditional medical methods, including email and video chat, while maintaining a keen awareness of advances in modern medical care delivery and the legal requirements of delivery of telehealth services
- Prescribed medication, including controlled substances.
- Saw an average of 18 patients per shift.
- Demonstrated self-reliance by meeting and exceeding workflow needs.

United Wound Healing | Puyallup, Washington
Wound Care Provider
02/2020 - 10/2020

- Evaluated patient wounds and health status, prescribed appropriate wound care regimens and educated patient and care staff on wound etiology, prevention and care.
- Performed bedside surgical procedures to promote wound healing,

AgeRight Clinical Services | Portland,
Oregon
Geriatric Nurse Practitioner
08/2018 - 12/2019

- maintaining aseptic techniques as required.
- Provided telehealth consultations with nursing professionals and patients when Covid-19 outbreak prevented in-person assessments.
- Managed panel of complex patient residents with multiple comorbidities in long term care environment
- Ordered labs and medications, offering therapeutic non-pharmaceutical options where appropriate
- Drafted and enacted care plans with patients and their families that were designed to meet their health goals
- Provided palliative and hospice care services as needed to patients facing the end of life and their family members in need of support
- fluency in coding, in-depth knowledge of HEDIS and core measures

Mosaic | Houston, TX
Registered Nurse
03/2016 - 12/2016

- Assess adult clients with disabilities to determine health status, and needs of client to maximize health and wellness
- Coordinate with physicians, therapists, home health care nurses and state officials to ensure continuity and quality of care
- Train staff and present regular in-services to staff on first aid, seizure management, medication administration, and recognizing/handling an emergency

Kingwood Medical Center | Houston, TX
Registered Nurse
08/2015 - 02/2016

- Dispensed oral, topical, IV, IM and subQ medications as ordered, evaluating possible contraindications to prescriptions and possible interactions
- Cared for patients requiring tube feedings, ventilator/tracheostomy care, foley catheter insertion and care, central line care in addition to performing IV starts, toileting and movement assistance, patient and family education, blood transfusions, and blood sugar monitoring

CHI Baylor St. Luke's Medical Center |
Houston, TX, TX
Registered Nurse
10/2014 - 07/2015

- Evaluate patients and plan, implement and document nursing care
- Responsible for supervising and directing patient care in operating room, while ensuring that proper sterile technique is maintained within operating theatre
- Assist physicians, anesthesiologists and surgical technologists during operating procedures

Education and Training

The University of Texas Health Science Center At Houston Cizik School of Nursing | Houston, TX
Master of Science in Nursing
Cum Laude Graduate

The University of Texas Health Science Center At Houston Cizik School of Nursing | Houston, TX
Bachelor of Science in Nursing
2014
Cum Laude Graduate

The University of Houston Law Center | Houston, TX
J.D.
2005

The University of Texas | San Antonio, TX
Bachelor of Arts in Anthropology
1998
Cum Laude Graduate

Certifications

- AANP Adult/Gerontology Nurse Practitioner, licensed in TX, OR, WA, NM
- Additional telehealth provisional licenses obtained in CA, NJ and FL
- Current RN license in TX, OR, WA, NM
- DEA licensed in NM with controlled substance license in NM
- PeriOp 101 Certification from AORN
- BLS
- ACLS
- Member of American Geriatric Society