

# Karen Dixon

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## Professional Summary

Experienced Nurse Practitioner with over 15 years of experience in the medical field that holds a wide range of skill sets involving multiple age groups and patient populations with varying acute and chronic disease processes. Superior skills include assessment, interviewing, diagnosing, intervening, filling gaps in patient care, and treating the patient with utmost respect.

## Work History

03/2020-1/2022

**Matrix Medical Network**- Scottsdale, AZ **Nurse Practitioner** Provide in home wellness exams for Medicare members and identify gaps in care. The NP provides head to toe assessments and detailed medical history as well as medication reconciliation, patient education and some testing.

07/2017 to present

**Athens Family Medicine**- Athens, GA **Nurse Practitioner** Provide effective and accurate assessments, examinations, diagnoses, planning and evaluation of patients with multiple medical acute and chronic diagnoses with ordering of diagnostic studies, labs, medications and referrals as indicated. Provide preventative physicals to adults ages 18 and up as well as Medicare wellness visits for adults ages 65 and up.

06/2016-07/2017

**North Georgia Nephrology Consultants**- Athens, GA **Nephrology Nurse Practitioner** Provide effective and accurate assessment, diagnosis, planning, and evaluation of patients with hypertension, diabetes, and chronic kidney disease within the hospital and office setting. Weekly and monthly rounding in several dialysis clinics on end stage renal disease patients focusing on maintaining dry weight and lab values. Prescribing medications within scope of practice and evaluating outcomes.

02/2003-09/2016

**Athens Regional Medical Center** - Athens, GA **Registered Nurse-Cardiology, Emergency Department** Assessment, diagnosis and implementation of cardiac, critical and emergency care to a wide range of patient populations and ages. Interventions of these patients include but are not limited to IVs, foley catheters, enemas, NG tubes, assistance to physician and mid level providers with suturing, pelvic exams, central lines, and chest tubes, administration of oral, IV, and IM medications, administration of critical IV medications, EKGs, initiation of advanced cardiac protocols for adults and pediatrics, and maintaining airway. Work in close collaboration with the physician, family and patient to provide optimal care for the patient and obtain all vital information needed for correct assessment, diagnosis and interventions for the patient.

08/2013-07/2015

**St. Mary's Hospital** - Athens, GA **Registered Nurse/Charge Nurse-Cardiac Cath Lab**  
Provide advanced cardiac care to patients receiving cardiac catheterizations, cardiac stent placement, pacemakers, internal cardiac defibrillators, cardiac ablations and peripheral studies and stent placement in adult populations. This includes administration of IV and PO medications before, during and after a procedure, obtaining EKGs, IV placement, patient education, assist in moderate sedation, closely monitor heart rate, heart rhythms, and other vital signs. Act as charge nurse using direct and effective communication that is required along with effective flow of patients and daily schedule.

10/2000 - 02/2003

**Athens Regional Medical Center** - Athens, GA **Patent Care Technician-Cardiology**  
Assisted nurses in care of cardiac patients. This included changing bed linens, bathing patients, taking vital signs, assist nurses with turning patients regularly, obtaining EKGs, assist with admission of patients such as assisting the patient in changing clothes, attach patient to telemetry monitor and assist patient to bathroom and ambulation as needed.

## Education

2002 **Athens Technical College** - Athens, Georgia, USA ADN: Nursing

2007 **Old Dominion University** - Norfolk, Virginia, USA BSN: Nursing

-Member of Golden Key National Honor Society (2005-2007)

-Graduated Cum Laude

2016 **Maryville University** - St. Louis, Missouri, USA MSN: Adult-Gerontology Primary Care Nurse Practitioner, AANP Certified.

## Skill Highlights

- Skilled cardiac, emergency, and critical care nurse
- Geriatric treatment knowledge
- Psych and mental health care proficiency
- Broad medical terminology knowledge
- Cardiac catheterization/Electrophysiology Lab experience
- Able to take charge, think quickly and effectively in emergency situations
- Able to stay calm and direct in stressful situations
- Organized and systematic in patient care and treatment
- ER/Critical care experience
- Enthusiastic caregiver and team player
- Strong medical and work ethic
- Extensive knowledge of nutrition and fitness
- Proficient in pelvic examinations, treatment of STIs
- Vast knowledge of medications in varying patient populations and disease processes
- Patient advocate

## **Licenses**

Basic Life Support (BLS) Certification 2000-present

Registered Nurse License (RN) 2003-present

Adult-Gerontology Primary Care Nurse Practitioner (AGPCNP-C) (ANCC certified) 2016-present

Nurse Practitioner License (NP-C) (APRN) 2016-present

## **References**

Brooke Wethington, PA-C, 423-310-7429

Lindsey Griffeth, RN, 770-601-8735

Raymond Gilbert, MD, 706-769-4852