



Kyndel Gray

MSN, APRN, FNP-C

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ABOUT ME:

I have loved being a nurse for over 14 years, having served in many diverse roles. My favorite role has been Nurse Practitioner. My desire is to leave a positive impact on my community through providing high-quality, compassionate care. I am committed to using my gift and knowledge to improve patient outcomes.

HIGHLIGHTS:

- 10+ years of diverse nursing experience
- Recent FNP experience managing acute and chronic conditions
- Comfortable in fast-paced environments
- Knowledgeable about work-related injuries
- Proficient in performing sports and employment physicals
- Enthusiastic about learning new concepts and skills

LICENSES AND CERTIFICATIONS:

Texas APRN License: AP136359
Rx Authority: 25324
January 30, 2018-August 31, 2024

Texas RN License: 773872
August 4, 2009-August 31, 2024

AANP Certification: F12170629
December 27, 2017-December 26, 2027

BLS-AHA
October 2023-October 2025

ACLS-AHA
January 2022-January 2024

BRIEF WORK HISTORY

Heavenly Hands Family Medical Clinic | FAMILY NURSE PRACTITIONER | Dallas, TX

Jun, 2022 - Sep, 2023

Methodist Mansfield Medical Center | REGISTERED NURSE | Mansfield, TX

Oct, 2021 - Feb, 2023

Parkland Medical Hospital | CARE COORDINATOR REGISTERED NURSE | Dallas, TX

Oct, 2015 - Oct, 2021

Aetna | UTILIZATION REVIEW REGISTERED NURSE | Arlington, TX

May, 2014 - Oct, 2015

General Motors | OCCUPATIONAL HEALTH REGISTERED NURSE | Arlington, TX

Oct, 2012 - May, 2014

JPS Health Network | REGISTERED NURSE | Fort Worth, TX

Aug, 2009 - Jan, 2015

EDUCATION

Chamberlain College of Nursing, Downer's Grove, IL | Master of Science in Nursing

2014 - 2017

GPA 3.94

University of Louisiana at Monroe, Monroe, LA | Bachelor of Science in Nursing

2004 - 2009

Heavenly Hands Family Medical Clinic | FAMILY NURSE PRACTITIONER | Dallas, TX

Jun, 2022 - Sep, 2023

- Managed acute and chronic conditions in a culturally diverse and underprivileged community in Dallas
- Provided preventative care and education to patients and families
- Gained time-management skills working in a fast-paced clinic environment, seeing up to 17 patients per day
- Collaborated with other healthcare providers to ensure comprehensive and coordinated patient care
- Proficient in performing routine physicals on children and adults
- Proficient in performing vaginal exams and educating on women's health issues, including birth control

Methodist Mansfield Medical Center | REGISTERED NURSE | Mansfield, TX

Oct, 2021 - Feb, 2023

- Responsible for caring for patients on a fast-paced stroke/neuro floor
- Collaborated with the interdisciplinary team to develop and implement individualized care plans for patients with stroke and neurological conditions
- Provided emotional support and reassurance to patients and their families during times of stress and uncertainty
- Provided education to patients and families on stroke prevention and management strategies

Parkland Medical Hospital | CARE COORDINATOR REGISTERED NURSE | Dallas, TX

Oct, 2015 - Oct, 2021

- Responsible for reviewing clinical documentation to ensure hospital admissions met criteria for appropriateness of care and medical necessity
- Worked closely with the interdisciplinary team to ensure responsible use of resources and identify/resolve barriers to adequate patient care
- Facilitated appeal procedures

Aetna | UTILIZATION REVIEW REGISTERED NURSE | Arlington, TX

May, 2014 - Oct, 2015

- Responsible for reviewing clinical information received from medical facilities for medical necessity and authorizing bed days/procedures based on medical appropriateness
- Performed initial, concurrent, discharge and retrospective reviews
- Familiar with CMS and payor specific guidelines
- Collaborated with healthcare providers and medical facilities to ensure appropriate and quality care for Aetna members

General Motors | OCCUPATIONAL HEALTH REGISTERED NURSE | Arlington, TX

Oct, 2012 - May, 2014

- Provided occupational health services in a busy vehicle production plant
- Promoted health and wellness among company employees
- Performed initial assessment and treatment of work-related injuries
- Provided ongoing support and guidance to employees after sustaining a work-related injury
- Conducted regular health and safety training to prevent work-related injuries

EXPERIENCE, continued

JPS Health Network | ENDOSCOPY UNIT REGISTERED NURSE | Fort Worth, TX

Feb, 2012 - Jan, 2015

- Administered conscious sedation during endoscopic procedures and responsible for recovering patients following procedures
- Assisted physicians during endoscopic procedures by providing necessary instruments and equipment in a timely manner.
- Maintained accurate and timely documentation, including pre-procedure assessments, vital signs, medications administered, and post-procedure recovery notes
- Communicated effectively with patients and their families to ensure they have a clear understanding of the endoscopic procedure, risks, and post-operative care

JPS Health Network | EMERGENCY DEPARTMENT REGISTERED NURSE | Fort Worth, TX

Sep, 2011 - Feb, 2012

- Acted as team leader in a fast-paced and high-volume county hospital emergency department
- Provided comprehensive nursing care to patients in the emergency department, including initial assessment, triage, and treatment initiation
- Coordinated with other healthcare professionals to ensure efficient patient care in the emergency department
- Assessed and prioritized patient needs based on acuity level and available resources

JPS Health Network | PROGRESSIVE CARE UNIT REGISTERED NURSE | Fort Worth, TX

Aug, 2009 - Sep, 2011

- Provided high-quality patient care to patients on a busy step-down unit
- Managed drips and ventilators
- Member of outpatient code team
- Developed and implemented patient care plans based on individual needs and assessment findings to improve patient outcomes and ensure continuity of care
- Collaborated with interdisciplinary team to develop and implement evidence-based protocols for patient care