

Freda Safiev, RN, MS, FNP-BC
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FNP License # F345855-01, Exp. Date: 11/30/2025
RN License # 22 687690, Exp. Date: 11/30/2025

Experience:

Doral Health & Wellness- Brooklyn (10/11/2021)

Telehealth Nurse Practitioner (Order Management for HomeCare)

- Provide a full scope of Telehealth evaluations for the purpose of certifying and re-certifying home care services for patients with need for HHA services.
- Care management, provided patient's with education regarding their medical conditions.
- Order DME supplies. Referral requests as provided as appropriate, prescribed medication refills as needed.

Heritage New York, Medical P.C- Long Island (7/6/2021)

Nurse practitioner performing house calls amongst geriatric population.

Kings County Hospital Center – Brooklyn, NY

Family Nurse Practitioner-Internal medicine (2019-Current)

- Manage Coumadin levels by adjusting medications based on INR levels.
- Geriatric care, physical, and mental assessment, preventative and chronic disease management.
- Handled Primary Care Clinic ages 18-65, assess, diagnose, and treat conditions. Prescribed medications as needed.
- Worked in an OBGYN clinic, perform pap smears, breast assessments, and diagnostic examinations.

Ambulatory Care Nurse (2015 - 2019)

- Perform physical and psychological assessments of patients.
- Collaborate with healthcare providers, and achieve primary prevention of illness.
- Educate patients regarding diabetes, or hypertension management, and medication compliance.
- Vaccinate patients, provide VIS statement and teaching regarding immunization.

Assessment Solutions - Brooklyn, NY

Home Care Nurse (2014 - 2015)

- Provided full physical assessments.
- Mental examination on geriatric patients utilizing Mini-Mental State Exam (MMSE).
- Assessed patient's medical history, and medication adherence.

Bedford Center for Nursing and Rehabilitation (Subacute Area) – Brooklyn, NY

Wound Care Nurse (2014 - 2015)

- Provided all stages wound care dressings, and PICC Line dressing.
- Gastrostomy care and colostomy care provided.
- Supervised the floor at times in lieu of absence of Nursing Supervisor.
- Assessed residents prior to and post medication administration.
- Obtained experience using ventilator, tracheostomy care, and suctioning patients as needed.

Skills:

- Knowledgeable in Microsoft word and Adobe, internet research, and PC/MAC operating systems.

Languages:

Fluent in English, Russian and Tajik.

Awards / Certificates:

- EKG Certificate Received 2013
- CPR/BLS certified Exp date: 12/2024

• **Education:**

Pace University (New York, NY) 2017-2019 | Major: Family Nurse Practitioner, Masters in Science

University of Texas Arlington (Texas) 2014-2016 | Major: RN to BSN

Kingsborough Community College (NY) 2009-2014 | Major: Nursing Associates Degree