

RUMBIDZAI KAPFUMVUTI
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GRADUATE MEDICAL EDUCATION

July 2021 – Present **Internal Medicine Residency**
Allegheny Health Network
Pittsburgh, PA
(Anticipated completion: June 2024)

Inclusion Health Track
Program director: Anastasios Kapetanos

EDUCATION

2017 - 2021 **William Carey University College of Osteopathic Medicine**
Doctor of Osteopathic Medicine
Hattiesburg, MS

2016 -2017 **William Carey University**
Master of Biomedical Sciences
Hattiesburg, MS

2010 -2014 **Pennsylvania State University**
BS in General Science; Minor in Sociology
State College, PA

RESEARCH EXPERIENCE

The University of Southern Mississippi, Department of Kinesiology 2016-2017

- *Influence of Compression Garments on Leg Hemodynamics*
Advisor: Daniel Credeur, Doctor of Philosophy, Exercise Physiology

Pennsylvania State University, Huck Institutes of Life Sciences 2012-2014

- *Plant Village*
Analyzed data on plant biology to increase yield for farmers in over 90 countries. Translated selected data to Shona, the native language of Zimbabwe.

ACTIVITIES & SERVICE

African Queens Rising - Founder 2017- Present

Founder and executive director of a non-profit organization created to empower women and girls affected by HIV/AIDS in sub-Saharan Africa. The organization addresses significant disparities by

providing education funding, career resources, preventative healthcare and mentorship to women and girls across sub-Saharan Africa.

AHN Underrepresented in Medicine House Officers Association – Advocacy Chair	2022-Present
Create opportunities for members to advocate for patients experiencing health inequities. Arrange and execute outreach events for members to engage with the local Pittsburgh community.	
Allegheny Health Network TRIUMPHS program – Mentor	2021-Present
Provide longitudinal mentorship for high school students who are interested in pursuing careers in medicine. A collaboration between the AHN Internal Medicine Residency Program, Pittsburgh Public Schools and Highmark Health. As part of the program, students spend time in AHN hospitals alongside medical teams.	
Student National Medical Association - Vice President	2018-2019
Created and executed events across Hattiesburg, MS and surrounding regions to help address health disparities & promote preventative care in underserved populations. Coordinated programs geared to recruit more minority high school and college students into the medical field.	
Christian Medical & Dental Association - National Representative	2018-2019
Served as the national contact for the medical school.	
Christian Services Soup Kitchen - Volunteer	2017-2018
Prepared and served meals for the underserved population in Hattiesburg, MS and surrounding areas.	
IFC/PanHellenic Dance Marathon – Committee Member	2010-2014
Planned and directed blood drives and fundraising events for a philanthropy that has raised over 200 million to help fight against pediatric cancer.	
Penn State Lifelink Program – Mentor	2013-2014
Assisted college students with intellectual disabilities as they navigated classes and extracurricular activities.	
Global Medical Brigades (Accra, Ghana)	2013
Assisted physicians and dentists as they provided medical care to underserved populations in villages on the outskirts of Accra. Developed and coordinated public health forums geared to promote preventative care and healthy eating habits.	
John Hopkins Malaria Research Institute	2011
Analyzed research data and assisted faculty working to develop a vaccine & new drug targets for malaria.	

PRESENTATIONS

- *Approach to Iron Deficiency Anemia in the Ambulatory Setting –* September 2023
- *High Value Care: Alcohol Withdrawal Management -* May 2023
- *Chlorthalidone vs. hydrochlorothiazide for hypertension—* Cardiovascular Events. February 2023

- Clinical Reasoning Case- *Sickle Cell Crisis*. January 2023
- *OMM Considerations for Low Back Pain in Pregnancy* – August 2022
- Health Equity Morning Report Series: *Under-representation of Black/Brown Skin in Medicine*. December 2021
- *Influence of Compression Garments on Leg Hemodynamics* – April 2017
- START Diversity Conference: *Taking off the Blindfold* - March 2011

WORK EXPERIENCE

Allegheny Health Network – Resident Physician 2021- Present

Provide high-quality medical care to a diverse patient population in both the inpatient and outpatient settings. Lead and coordinate medical teams providing care to high acuity patients at a busy Level I center. Facilitate longitudinal education to medical residents and students. As part of the inclusion health track, additionally trained in social medicine, healthcare to underserved populations, health disparities, social determinants of health and population health.

Newbridge Spine and Pain Center – Medical Scribe 2016-2021

Supported the physicians in conducting patient examinations by obtaining and recording pertinent medical history, physical examinations, and related labwork/tests.

Waldorf Women’s Care – Receptionist/Medical Assistant 2014 -2016

Assisted physicians in delivering patient care during triage and physical examinations. Also performed front desk duties including but not limited to checking in patients, verifying insurance and managing medical records.

LICENSURES/CERTIFICATIONS

ACLS - 2023, active

BLS – 2023, active

PROFESSIONAL SOCITIES

American College of Physicians

Mississippi Osteopathic Medical Association

American Osteopathic Association

Student National Medical Association

