

Saliman Esmati, M.D.

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EXPERIENCE

Jamaica Hospital Medical Center, Queens, NY

06/2021 - Current

Resident physician, Internal Medicine

Responsibilities:

- Initial evaluation of new patients and the development of an initial work-up and management plan.
- Accepting and discussing admissions with the emergency department in order to determine the proper disposition of the patient.
- Evaluating patients daily to monitor progress and develop proposed adjustments to the management plan.
- Writing history and physicals, daily notes, and discharge summaries.
- Attending all morning turnovers, morning reports, grand rounds, and noon conferences.
- Supervision of interns and medical students.
- Procedures Including Central line, dialysis access, arterial line, paracentesis and lumber puncture.

Memorial Sloan Kettering Cancer Center, Manhattan, NY

04/2022 – 08/2022

Rotating resident, Internal Medicine

Responsibilities:

- As a senior resident oversees care for all patients admitted to the team.
- Initial evaluation of the new patient and establish diagnosis and treatment plan.
- Multidisciplinary approach and discussion with other subspecialties for implementing the treatment plan.
- Involved in academic activities including morning reports, conferences, and research initiatives.
- Involve in research activities, following patients in clinical trials and assessing their progress and response.
- Providing direct supervision, feedback, and mentoring junior residents.
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Long Island Comprehensive Medical Care, North Babylon, NY

06/2020- 06-2021

Externship, Dr. Gabrielle A Henriksen, DO

Responsibilities:

- Seeing an average of 30 patients daily in an outpatient clinical setting.
- Conducted comprehensive history, physical examination, and recording notes in Kareo (outpatient clinical EMR).
- Compared patient condition with the last visit and follow up with other providers if the patient has visited.
- Review recent blood work and radiological findings. Confirming the medication list, coherence and monitor to avoid polypharmacy.
- Reported all findings and recent changes to the MD, and discussed the case, consider the next step in treatment as per MD guidance.

Good Samaritan Hospital Medical Center, West Islip, NY

05/2020 - 08/2020

Externship, Dr, Khalid A Noori, MD

Responsibilities:

- Trained on the use of EPIC and Cerner -Soarian Electronic Medical Record Systems.
- Conducted history and physical examination of admitting patients from the ER to the floor under MD's supervision and recording notes in EPIC Electronic medical record.
- Observed the MD Orders and initiated initial treatment plan and later with a comprehensive plan.
- Attend daily Rounds with MD, monitor patient improvement and overnight events, and recording it in EPIC with an update progress note.
- Attended and examined patients for pre-Op clearance and consultation under the supervision of the MD.
- Attended rotation with the MD in the Post-Operative care unit, where we discussed the procedure with the patient's attendants.

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Baseline Health Management, Rockville Center, NY

10/2019 - 05/2020

RV Medical Supervisor, Dr. Todd Halper, MD

Responsibilities:

- Managed a team of Nurses and Medical Assistants in coordination with a Physician Assistant in a mobile medical unit.
- Provided medical care and annual health checkup for local town employees, Law Enforcement Officers, and fire department staff.
- Monitored each patient's health record and lab values. Referred to PCP or Specialist for further evaluation in case of abnormal findings.
- Provided necessary consultation on a healthy lifestyle, diet, salt intake, alcohol, and smoking cessation.
- Provided COVID-19 testing and Nasal swab to identify and isolate infected individuals.
- Completed over 300 COVID antibody test per day, to detect active IgM for Isolation and IgG positive for plasma donation purposes.

Aliabad Teaching Hospital, Kabul, Afghanistan Medical

08/2017 - 08/2018

Internal medicine physician

Responsibilities:

- Conducted medical history and performed a comprehensive physical examination of new patients.
- Ordered appropriate diagnostic test and evaluated the test result.
- Recognized symptoms of serious conditions and referred patients to a specialist for confirmation in case necessary.
- Accurately document patient chart and treatment plans.
- Explained all procedures, drugs, and diagnoses in lay terms to patients and family members.

Polio Eradication and Cumulative Immunity, MPH, Jalalabad, Afghanistan

09/2015 - 07/2017

Public Awareness Team Member, Dr. Gh. Raheem Awab, MD, MPH

Responsibilities:

- Provide assistance in improving public awareness of Polio.
- Worked with different layers of community, evaluated their understanding, and educated about the importance of the vaccine.
- Emphasized about the safety and benefits of the vaccine, and in case of refusal, the consequence of denial and upcoming flaccid paralysis.
- Resolved questions and concerns of community members regarding harm and side effects and explained it in lay terms.

EDUCATION

Jamaica Hospital Medical Center, Queens, New York

06/2021 - 06/2024

Internal Medicine residency program

Memorial Sloan Kettering Cancer Center, Manhattan, New York

04/2022 - 08/2022

Rotating resident in leukemia services

Nangarhar Teaching Hospital and Nangarhar Regional Hospital, Afghanistan

07/2016 - 08/2017

M.D. Degree Practicum Requirement

Bavazid Roshan University of Nangarhar Faculty of Medicine, Afghanistan

08/2010 - 07/2017

M.D. Degree

Estiqlal School, Afghanistan

03/2002 - 09/2009

Biology/ Health Sciences

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PUBLICATIONS/PRESENTATIONS:

Peer Reviewed Journal Articles/Abstracts

Mojaddedi, S., Esmati, S., Patel, N.k., Tobis, J.M., & Mojadidi, K.M. (2022, Nov). *Atrial fibrillation after patent foramen oval device closure: Protecting from one embolic stroke etiology but causing another?* *Pub med*, 100(4), 774-775.
Cited in PubMed; PMID: 35830721.

Pub Status: *Published*.

Article URL: <https://pubmed.ncbi.nlm.nih.gov/35830721/>

Esmati, S., Lodeen, H., Okan, T., & Zoran, L. (2023, Jun). *A Case of Simultaneous Acute ST-Elevation Myocardial Infarction, Acute Ischemic Stroke and Pulmonary embolism*. *Cureus medical Journal. Pub med*, 15(8), 44222. Cited in PubMed; PMID: 37767245.

Pub Status: *Published*.

Article URL: <https://pubmed.ncbi.nlm.nih.gov/37767245/>

Okan, T., Esmati, S., Lodeen, H., Abawkaw, M., Kaur, J., Kaushik, D., \$ Atical, I. (2023, Jun). *Brain Abscess Caused by Nocardia farcinica in a Young Immunocompetent Patient*. *Cureus Journal of Medical Science*, 6(15), 40823.

Cited in PubMed; PMID:

Pub Status: *Published*.

Article URL: <https://www.cureus.com/articles/156064-brain-abscess-caused-by-nocardia-farcinica-in-a-young-immunocompetent-patient#!/authors>

Zain, A., Talpur, A.S., Zafar, S., Memon, A., Nazary, K., Esmati, S., Hashim, S., Maqsood, H., Hafizyar, F., & Kumar, B. (2021, Jun). *Comparison of Iron Profile in Patients with and Without Coronary Heart Disease*. *The Cureus Journal of Medical Science*, 13(6), e15613.

Cited in PubMed; PMID: 34277231.

Pub Status: *Published*.

Article URL: <https://pubmed.ncbi.nlm.nih.gov/34277231/>

Peer Reviewed Journal Articles/Abstracts (Other than Published)

Gupta, S., Esmati, S., Biswas, J., Chan, A. (2023, Jul). *A rare case of malignant cardiac infiltration in a patient with acute leukemia*. Case report in cardiology/Hindawi.

Pub Status: *Under Review*.

Lodeen, H., Esmati, S., Okan, T., Fatula, G.P., & Patel, J. (2023, Jun). *Reverse Takotsubo Cardiomyopathy in the Critically Ill Patient with Septic Shock*. *AHA Journal*.

Pub Status: *Submitted*.

Poster Presentation

Arastu, A., Esmati, S., Mooney, P., Avanesian, T., & Cervantes, Jose. (2023, May 12). *A case of plasma cell leukemia complicated by Tumor lysis syndrome* [Poster presented]. American College of Physician - New York Chapter /Albany, NY, USA.

Esmati, S., Lodeen, H., & Hadaya, M. (2023, May 10). *Heerfordt-Waldenström syndrome, a rare subacute variant of sarcoidosis* [Poster presented]. Society of general internal Medicine annual meeting /Aurora, CO, USA.

Muhmmad, A., Mahmoud, G., Esmati, S., Siddiqui, N., & Garg, N. (2023, October 08). *Pneumatocele and Pneumothorax due to lung abscess as a rare complication of community acquired MRSA pneumonia* [Poster presented]. CHEST annual meeting /Honolulu, HI, USA.

Okan, T., Lodeen, H., Esmati, S., Abawkaw, M., & Doshi, K. (2023, March 28). *Isolated left ventricular non compaction cardiomyopathy presenting with atrial fibrillation* [Poster presented]. Society of hospital Medicine /Austin, TX, USA.

Other Articles

Esmati, S., & Lodeen, H. (2022, December 01). Quality improvement initiative for medical management of heart failure patients in outpatient cardiology clinic. JHMC, Department of medicine.
Pub Status: Published.

CERTIFICATIONS

Mechanical Ventilation for COVID-19 - Harvard medical school
Practical Guidance for Airway Management in the Coronavirus Patient - Schumacher Clinical Partners Health
Certification of Appreciation Remote Area Medical -Dedicated Service During COVID-19 Pandemic
Electrocardiography Certification - Dr. Shafiullah Shigewal Cardiovascular Training
Certificate of recognition – resident of the month – Jamaica Hospital Medical Center
Certificate of Achievement – 3rd place in 2nd annual JHMC research conference and poster presentation
Certificate of Achievement – 1st place in 2nd annual JHMC research conference and poster presentation

Membership and Honorary/Professional Societies

- American College of physicians, Member (ID: 04033518)
- American College of Cardiology, Member (ID: 3862599)
- American Medical Association, Member (ID: 11802190010)
- Afghan Medical Professional Association of America
- Doctors for Afghanistan