

Leah Rae Mueller, M.A.

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Education

SAINT MARY'S UNIVERSITY OF MINNESOTA | MINNEAPOLIS, MN | 2016-2019 |

- Master of Art's Degree in Marriage and Family Therapy
- Special topic classes: Professional Issues, Use of Self as the Therapist, Introduction to Grief and Loss, Introduction to Clinical Hypnosis
- GPA: 4.0

SAINT MARY'S UNIVERSITY OF MINNESOTA | WINONA, MN | 2009-2013

- Bachelor of Art's Degree in Psychology
- Related Certificates & Awards: 2013 Symposium Presenter
- GPA: 3.6

Experience

OUTPATIENT THERAPIST | THE FAMILY DEVELOPMENT CENTER | AUGUST 2018-PRESENT

- Completed intake sessions, diagnostic assessments, treatment plans, and progress notes
- Provided individual, family, and couple psychotherapy to children, teenagers, and adults
- Gained specialization in children's mental health, parental support, family therapy, perinatal mental health, life transitions, and grief and loss
- Built and maintained own schedule and case load
- EHR: Therapy Notes

ARMHS PRACTITIONER | THE FAMILY DEVELOPMENT CENTER | AUGUST 2018-PRESENT

- Provided Adult Rehabilitative Mental Health Services (ARMHS) to women on the perinatal spectrum
- Completed Functional Assessment, LOCUS, Interpretive Summary, and Individual Treatment Plans, and Individual Skills Training notes
- Coordinated with other service providers and assisted clients in accessing services or resources
- Facilitated clients in enhancing stability, independent living skills, and social/emotional wellbeing

PRESCHOOL MENTAL HEALTH DAY TREATMENT COORDINATOR, MENTAL HEALTH PRACTITIONER I | FRASER | MAY 2016-PRESENT

- Coordinate staffing of approximately 50 staff across 5 sites and 12 day treatment classrooms
- Support day treatment rooms as needed by providing emotional regulation and social-emotional learning to children with an emotional and/or behavioral disorder
- Develop and conduct training on trauma informed care, attachment-based approaches, and treatment models
- Interview and determine goodness of fit for day treatment positions
- Partner with clinical managers to develop policy and procedure implementation
- Attend weekly group supervision and case consultation groups

Other Experience

TARGETED MENTAL HEALTH CASE MANAGER | FRASER | 2015-2016

- Maintained a case load of 15 clients, ages 3-17 with an EBD, autism, or developmental disability diagnosis
- Scheduled and attended monthly meetings with clients' caregivers and/or other professionals in home or community settings
- Referred clients for appropriate services and/or community resources
- Completed monthly progress notes and bi-yearly support plans
- Completed assessments such as Strengths and Difficulties Questionnaire (SDQ), Early Childhood Service Intensity Instrument (ESCI), and Child & Adolescent Service Intensity Questionnaire (CASII)
- Attend weekly group supervision and case consultation groups

MENTAL HEALTH THERAPY TRAINEE AND BEHAVIORAL AIDE | FRASER | 2013-2015

- Provided support to children ages 4-7 within day treatment, home, and community settings
- Completed daily progress notes and assisted supervisor with treatment planning
- Developed skills in providing emotion regulation, recognition, and behavioral support

Training, Certificates and Awards

- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Maternal Mental Health by Postpartum Support International and 2020 MOM
- Psychological First Aide
- PREPARE/ENRICH

REFERENCES AVAILABLE UPON REQUEST