

# Josue Nguetack

12104 Fallen Timbers Circle, Hagerstown, MD, 21208 \* (240) 281-6177 \* dolwing137@hotmail.com

## CAREER OBJECTIVE (PROFILE)

---

Hard-working personality, aiming at providing the best quality mental health care, and a team player with a PMHNP certificate. Have 17 years of work experience in health care including 13 years with individuals with mental health. Focusing to bridge academic experience, proven knowledge of clinical services, and drug utilization review, including, treatment planning, to successfully fill the PMHNP's role at your company. Frequently praised as efficient by peers with a strong will to learn and self improve, I can be relied upon to help your company achieve its goals.

## EXPERIENCE

---

### **A-BRINTON WOODS HEALTH CARE CENTER** (1442 BUCKHORN RD, SYKESVILLE, MD)

Registered Nurse, July 2015-Present

- Consistent organizational and time management skills
- Maintain accurate, detailed reports, and records
- Transcribe psychiatry medications and collaborate with the psychiatry for clarifications
- Participate in the ordering, interpreting, and evaluating diagnostic tests to assess and identify clients with comorbid mental illnesses and medical conditions.
- Direct or supervise less-skilled nursing or healthcare personnel or supervise a particular unit.
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.
- Monitor all aspects of patient care, including medical history, behavior, and psychomotor activity,
- Instruct individuals, families, or other groups on topics such as mental health education, disease prevention, and management, including the development of health improvement programs.
- Admit patients with mental illnesses and recognize high levels of care, and participate in referrals.
- Conduct psychiatric assessment with a psychiatrist and recommend appropriate interventions

### **B-GOLDEN LIVING HEALTH CARE CENTER** (1234 WASHINGTON RD, Sykesville, MD)

Licensed Practical Nurse, Nov 2007 - July 2015

- Provide special care to patients in the Mental Health Unit including the prevention of a patient to patient altercation, de-escalation of situations, and reassurance.
- Provided medications via mouth and PEG tube including IV medications with supervision.
- Monitor patients for safety, provide care as ordered and be involved in the evaluation of care.
- Participate in assessments and contribute to the development of the plan of care, and referrals
- Delegated and supervised Geriatric Nursing Assistants (GNAs) and other unlicensed assistive personnel

## C-CLINICAL EXPERIENCE

### **1) C&A BEHAVIORAL HEALTH CARE SERVICES** (4404 Queensbury Road, Suite 210, Riverdale, MD)

**Individual and Group Psychotherapy:** Active participation to intake evaluation and management of mental health illnesses with evidence based practice techniques through face to face or telepsychiatry. Interview, counsel and refer clients to other clinicians and community resources with the preceptor's supervision. Educate and counsel parents in behavioral modification techniques for children with ADHD and other mental illnesses. Respect the chain of command and policy for clinical issues.

### **2) FAMILY HEALTH CONNECTION** (9055 Chevrolet Dr, Ellicott city, MD)

**PMHNP Role I & II:** Active participation to Client's evaluation, diagnostic, medications management, and follow-up care, including, writing progress notes, referring to therapies, and ordering labs. Moderate supervision in the review and evaluation of treatment procedures and outcomes. Prepare and submit assessment notes, summaries and reports. Able to gather, analyze, and evaluate clients' data to implement a collaborative plan of care.

### **3) T&T HEALTH CARE, INC** (6201 Greenbelt Rd, Suite M-7, Greenbelt, Berwyn Heights, MD)

**PMHNP Role I & II:** Independently admitting new clients, conducting psychiatric interviews, and participating to the review of medications with follow-up evaluations. Also, diagnosing and prescribing appropriate drug regimen plan with a minimal supervision of the preceptor, including, the interpretation of laboratory results and referral to the primary medical provider. Moreover, Adjusting treatment plans to the evolving status of clients' situations.

## EDUCATION

---

### 1) UNIVERSITY OF SOUTH ALABAMA AND WALDEN UNIVERSITY

*Psychiatry Mental Health Nurse Practitioner (PMHNP, Graduation Feb. 2021)*

- **Relevant Coursework:** Psychiatric Mental Health Nurse Practitioner Role II: Adults and Older Adults. Psychiatric Mental Health Nurse Practitioner Role I: Child and Adolescent. Psychotherapy with Individual, Groups, and Families
- **Awards & Honors:** Honor roll for high grades, Perfect attendance award, Volunteer related awards,
- **Extracurricular Activities:** Volunteer Work, Community Services, and member of American Psychiatric Nurses Association.

### 2) CALIFORNIA UNIVERSITY OF PENNSYLVANIA

*Bachelor of Science in Nursing (BSN, Graduation 2017)*

## ADDITIONAL SKILLS

---

- Speak French and English
- Familiar to Karo Telehealth Solutions, Point Click Care, and Aetna Medical record system
- Microsoft competencies

## CERTIFICATIONS

---

- CRNP-PMH
- Registered Nurse
- Basic Life Support

## REFERENCES

---

**Loretta, Assistant Director of Nursing, Brinton Wood Health Care Center**

*(410) 7952737*

**Shirley, Supervisor, Golden living Health Care Center**

*(410) 8480700*