W. M. Schirvar, PhD, LP, NCSP

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Education

Post-Doctoral Clinical Fellow

University of Minnesota- Medical School Department of Child & Adolescent Psychiatry

Ph.D., Educational Psychology, School Psychology

University of Minnesota, Minneapolis. Emphasis: Child Development, Students with High Intelligence. Dissertation Study: Investigating Social Competency of Highly Intelligent Students.

M.A., Educational Psychology, School Psychology

University of Minnesota, Minneapolis. Emphasis: Gifted/Talented & Early Childhood. Thesis: Cross Programming Comparison of Gifted/Talented Programming in Inner City Schools.

Licensure

Delaware- Clinical Psychologist Nationally Certified School Psychologist Delaware- School Psychologist

B1-0011242

44645 # 101589

Relevant Professional Experience

Pediatric Clinical Psychologist & COO

August 2019-current

Child & Family Behavioral Health Clinic-Lewes DE

Provide psychological services to youth and their families ages 4-24. Conduct clinical assessments, direct clinical care, development of treatment plans and psycho-educational assessments. Conduct crisis and risk management assessments. Work in collaboration with primary physicians including medical and school providers to problem solve and optimize care. Address variety of diagnoses including pervasive Mood Disorders, Behavioral Disturbances, ADHD, Executive Functioning deficits, Oppositional Defiance, Relationship Disturbance, Autism and Educational Concerns. Provide individual, parent, and group sessions. Provide ongoing consultation and support to area health, psychiatric and educational personnel. Oversee management and sustainability of entire practice including billing, scheduling, service delivery, marketing, online record keeping management and recruitment in line with HIPPAA and regulations.

Post-Doctoral Clinical Fellow

July 2015-September 2016

University of Minnesota-Medical School: Department of Child & Adolescent Psychiatry
Provided psychological services to youth and their families through individual, family and group sessions.
Provided direct care to clients of Intensive Outpatient Programs (youth 6-18 years with emotional and behavioral disorders and parent skills training), Outpatient Behavioral Clinic and Partial Hospitalization programs. Provided psychological services and direct clinical care through clinical assessments, diagnostic interviews, brief time-limited interventions and evidence based therapies for specific conditions. Provided detailed feedback of interpretation of evaluations and treatments to the families. Provided consultations and brief contact interventions through integrative medicine in Primary Care Clinic. Provided research support for on-going projects. Supported practitioners at Prairie Care in providing onsite educational training. Developed and led Mindfulness group for adolescents in partial hospitalization program. Provided family support regarding developmental, behavioral and other concerns including at home activities and referrals to

community services as needed. Participated in interdisciplinary team meetings, collaborating with social workers, psychologists, psychiatrists and other medical providers and school personnel. Served in teaching and support role for interns and practicum students and provided ongoing support and training for practitioners.

Mental Health Practitioner July 2016-August 2019

Contractor for Independent Practice

Provide therapeutic services to children and teens and their families in outpatient clinic setting and via Telehealth platform. Serving children (4-18yr) and parents, with range of emotional and behavioral concerns. Address range of academic concerns, socio-emotional, mood, behavioral and learning needs. Consultation and coaching support services to area schools, pediatric clinics, parenting organizations. Collaborate with clients' providers (teachers, therapists, psychiatrists) to promote behavioral change and support clients needs. Account for measurable improvements in client outcomes through parent, patient feedback and goal achievement. Research and Clinical Specialist in assessing and treating children with high intelligence, accelerated development and co-morbid learning and mood difficulties.

School Psychologist- Middle School August 2021- current

Beacon Middle School, Cape Henlopen School District

Licensed & Nationally Certified School Psychologist assuming full responsibilities of School Psychologist position including identification and evaluation of students for special education services, individual and group therapies, and support staff with consultation on behavioral disturbances and research based interventions for classroom implementation. Work includes students identified in need of Special Education services as well as general student populations and those with 504 plans. Provide training and clinical supervision of Doctoral Interns and Practicum students. Develop programming to improve student school experiences by addressing mental health, social skills and learning needs. Collaborate with staff across departments to address diverse needs.

School Psychologist- Elementary & Middle School August 2019- June 2021

East Millsboro Elementary & Middle School, Millsboro, DE

Licensed School Psychologist in K-5 Elementary & 6-8 Middle School. Assumed full responsibilities of School Psychologist including assisting in identification, gathering of data and providing psychoeducational evaluations leading to development of Evaluation Summary for placement of students with disabilities in special education; recommend intervention strategies and programming; confer with teachers, parents, various agencies, and professionals as appropriate regarding needs of all students; conduct functional behavioral assessments and develop behavior intervention plans for students(both Gen Ed/Spec Ed); resource and support to families and staff on various psycho-educational topics; provide positive behavioral support systems for students with concerns; participate in Behavioral Intervention team to identify at risk students and implement Tier I -III behavioral interventions; provide direct student support as needed. Active member on TISS team to determine interventions and monitor progress.

School Psychologist-Elementary & Intermediate 2015

<u>Lionsgate Academy, Crystal, MN.</u> Licensed School Psychologist in public charter school specializing in students with Asperger's, Autism Spectrum and emotional and behavioral disorders. Member of therapeutic support services staff, responsible for special education evaluations, IEP goal development and implementation of behavioral services pertaining to social competency, emotion regulation and social behavioral skill development. Provide direct support to students and families through interventions and programs, resolving interpersonal or familial problems that interfere with academic progress; provide direct training in social skills, coping skills and anger management; management of behavioral crises; consult with teachers, support staff and parents to facilitate learning and overall adjustment.

School Psychologist-Elementary & Intermediate

2013-2014

Osceola School District, Osceola, Wisconsin. Licensed School Psychologist in Birth -3 and K-5th grade settings. IEP team member assisting in identification, IEP development, and placement of students with disabilities in special education; maintain service records and progress reports on students; recommend intervention strategies and programming; confer with teachers, parents, various agencies, and professionals as appropriate regarding needs of all students; conduct all duties of fully licensed School Psychologist.

School Psychologist-WhiteBear Lake, MN

2013

Matoska International School, White Bear Lake, MN. Licensed School Psychologist in K-5 Elementary, IEP team member assisting in identification, IEP development, and placement of students with disabilities in special education; maintain service records and progress reports on students; recommend intervention strategies and programming; confer with teachers, parents, various agencies, and professionals as appropriate regarding needs of all students; conduct functional behavioral assessments and develop functional behavior intervention plans for students with disabilities; resource and support to families and staff on various psychoeducational topics; provide positive behavioral support systems for students with concerns; participate in Behavioral Intervention team to identify at risk students and implement Tier I and II behavioral interventions.

School Psychologist-Consultant

2008-2012

<u>District #276 – Minnetonka Public Schools</u>

Sole psychologist providing all intellectual assessments for student applicants for highly gifted program (Navigators). Provided testing information sessions describing tools and data; provided presentations and individual consultation to parents, teachers and administrators of highly intellectual students.

Project Coordinator- University of MN

2010-2012

<u>University of Minnesota Educational Psychology Department.</u> Computer Based Assessment System-Math. (CBAS-M) Efficiently managed and coordinated operations of large-scale research project, including data collection and management, preparation of project summaries, supervision of project personnel (graduate students, staff, external contractors, area schools & external data collectors) and management of project activities.

School Psychologist Early Childhood/Elementary

2008-2009

<u>South Washington County Public Schools</u>. Assumed responsibilities for full-time licensed school psychologist on assessment and intervention team in accordance with expectations and compliance with regulations of state and national licensure. Sole psychologist for Early Intervention team, addressing socioemotional needs of children (B-5th grade) and their families.

RELATED PROFESSIONAL EXPERIENCE

Policy Liaison 2007

<u>Ready 4 K.</u> Policy/Advocate. Early Childhood initiative to address needs of low-income students preparation for learning. Worked collaboratively with key groups and leaders statewide; analyzed pertinent data; wrote policy briefs; attended legislative sessions and presented current research supporting funding towards early childhood education.

Program Evaluator & Researcher 2005-2006

<u>Way to Grow.</u> Researcher/Evaluator for inner-city program. Working with the Twin Cities' most isolated families, through education and parental support to ensure every child has an equal opportunity to succeed in school and life.

Lecturer- University of Minnesota

1994,1995, 2008

University of Minnesota, Educational Psychology Department. Assessment and Observation of the Preschool

<u>child.</u> Provided instruction for upper level undergraduate and graduate students.

Policy Educator and Liaison

1998_1999

<u>University of Minnesota, Children, Youth and Family Consortium.</u> Work with policy makers, University and community leaders to collaboratively address current needs of children and families. Translating and disseminating research-based information to build the capacity of researchers, practitioners and policymakers to conduct and utilize research responsive to community needs.

Program Evaluator

1995-1997

<u>University of MN- Institute for Community Integration-</u>Success by 6. Evaluator for United Way Early Childhood Initiative. Conducted program evaluation for community effort to promote and market importance of early childhood education and programming.

Research Assistant

1991-1992

<u>University of MN- Institute for Community Integration-Hennepin County Medical Center.</u> Conducting developmental assessments for research participants.

Research Assistant

1991-1994

University of Minnesota-Institute for Child Development. Mother-Child Attachment Project.

Volunteering

Red Cross Disaster Relief

current

2020-current

Delaware Bontanical Gardens, Dagsboro, DE

Provide assistance to garden care and maintenance.

Rehoboth Art League

Support events and activities of RAL.

Camp Rehoboth

2020- current

2021- current

Support events and activities

Legislative Liaison- MN Council of Gifted & Talented

2018-2020

Providing collaboration and consultation with MN Department of Education, Minnesota Educators of Gifted and area providers and advocates. Work with National organizations to provide consultation and support

Consultant/Presenter- Minnesota Council Gifted & Talented 2008-2020

Preferred Provider, MN Council Gifted/Talented (MCGT). Providing specialized consultation workshops and trainings to parents, professionals and students with high intelligence and their families, workshops and training to medical, educational and service professionals serving students (preschool through early college) with high intelligence.

SENG Liaison-State /National Appointee

2010-2021

SENG (Supporting the Emotional Needs of Gifted Children)- State, national & international organization dedicated to the study and support of socio-emotional needs of gifted learners, their families & professionals. Provide educational consultation and recommendations to children and families of youth with advanced development. Monitor and maintain www.facebook.com/MNGiftedSENG.

Children's Hospital of Minneapolis

Neonatal Intensive Care Unit- provided support and comfort to babies with extensive medical intervention; rocked, fed and helped bathe when parents weren't available.

Professional Presentations & Publications

- Schirvar, W. (October, 2019). "Save it for World Peace! Coping with resisting and protesting behaviors". *Invited Speaker to Virginia Gifted/Talented State Conference*.
- Schirvar, W. (July, 2019). "Social Competence in Students with Advanced Intellectual Development." *Invited Presenter-World Gifted Bi-ennial Conference*.
- Schirvar, W. (July, 2019). Parenting Mis-sed Behavior: Identifying causes and solutions of children's misbehavior through parent emotions and behavior. *Presentation at SENG National Conference*.
- Schirvar, W. (November, 2018, February 2019). "Bringing the F-U....N back into Parenting": Focusing on parenting strategies to improve bonding and compliance while decreasing conflicts." *Presentation to MN Council of Gifted & Talented*.
- Schirvar, W. (September, 2018). "Parenting Skills Tips and Techniques." *Accepted Presentation to MN Council of Gifted & Talented*.
- Schirvar, W. (November, 2017). "Missed Behavior: Identifying causes and practical strategies to behavioral difficulties." *Presentation to MN Council of Gifted & Talented*.
- Schirvar, W. (November, 2017). "Save it for World Peace! Coping with resisting and protesting behaviors". *Presentation to MN Council of Gifted & Talented*.
- Schirvar, W. (2017). Teens, Family and Media. *Minnehaha Academy, St. Paul. Panelist: Screenagers: Growing up in the Digital Age.*
- Lightman, N., Tumilty, M., Hill, E., Schirvar, W. and Bloomquist, M. (April 2016). Integrating Cognitive Behavioral Therapy and Social Learning Family Therapy in the Treatment of Adolescent Depression. *Minnesota Association of Children's Mental Health Conference Presentation*.
- Schirvar, W. (November, 2014). "Missed Behavior: Identifying causes and practical strategies to behavioral difficulties. *Presentation to MN Council of Gifted & Talented*.
- Schirvar, W. (November, 2014). Identifying Gifted Preschoolers. *Presentation to MN Council of Gifted & Talented*.
- Schirvar, W. (July, 2014). Pragmatic Language Skills and Social Competence. *Presentation at National SENG conference*.
- Schirvar, W. (January, 2014). Perfectionism & Students with Advanced Intellectual Development. Presentation to staff and families at Hastings High School.
- Schirvar, W. (April, 2013). Investigating Social Competence in Students with Advanced Intellectual Development. Ph.D Thesis University of Minnesota. *Presentation to Doctoral Committee for final defense*.
- Schirvar, W. (February, 2013). Addressing mental health needs in college aged students with high intelligence. *Presentation to Minnesota Chapter of Gifted & Talented*.
- Schirvar, W. (May, 2012). Addressing identification and needs of advanced intellectual development in the medical setting. *Presentation to faculty and staff at Lakeview Hospital & Stillwater Medical Group.*
- Schirvar, W. (February, 2012). "Socio-Emotional Needs of Gifted". Presentation to community and members of St. Croix Valley Gifted Association.
- Schirvar, W. (October, 2011). "Gifted 101". Presentation to members of community and St. Croix Valley Gifted Assoc.
- McCarthy, A., Pike, A., Van Norman, E., Schirvar, W., Christ, T. (2011). Lessons Learned: Research to Practice. Findings of Computer Based Assessment System for Reading. *Office of Special Education Programs: Project Directors Conference, Washington D.C.*
- Pratt, K.E., Schirvar, W., Christ, T., Clarkson, L., Park, M. (2011). Measuring Progress in Common Core Mathematics Standards: Item Development for a Computer Adaptive Test. *Office of Special Education Programs: Project Directors Conference, Washington D.C.*
- Pratt, K. Schirvar, W., Park, M., Christ, T. (2011). Computer-based Mathematics Assessment to Enhance Effective Learning Environments. *Colloquium on P-12 STEM Education Research: A National Forum for Professionals researching and teaching P-12 STEM*

- Education. St. Paul, MN
- Schirvar, W. (November, 2010). "EduSpeak": Encouraging collaborative conferencing between parents and educators. (Alternative Title: Mastering the "foreign" language of the educational system to effectively meet student needs). Symposium accepted at Annual Convention for National Association for Gifted and Talented, Atlanta, GA.
- Schirvar, W. (August, 2010). Socio-Emotional Competencies of High-Ability Students. Poster Accepted at Annual Meeting for American Psychological Association, San Diego.
- Schirvar, W. M. (2004). Looking at Academic Outcomes of Gifted Children Through the Lens of Two Service Models. Masters thesis.
- Susman-Stillman, A. & Schirvar, W. (2000). National Head Start Conference University-community model for connecting research, practice and policy.
- Schirvar, W. (April, 1995). Evaluation and Measurement of Mentor Programs. Presentation at Statewide Conference for Minnesota Mentor Leaders.
- Schirvar, W. & Bloomberg, L. (1994) Evaluation of Community Initiatives. Presentation At "Building Effective Child and Family Programs: Research and Evaluation Perspectives", University of Minnesota-Children, Youth & Family Consortium.
- Schirvar, W. & Bloomberg, L.(1993, 1992). Success By 6 Interim Reports. Minneapolis, Institute on Community Integration.
- Susman, A., Schirvar, W., Teo, A. (1993). Effects of Maternal Intimate Relationship History on Child Functioning. Poster presented at Biennial Meeting for Society for Research in Child Development, New Orleans, LA.

-end-2022