

Kattie Khadar DNP, FNP-BC
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Education:

- University of Massachusetts at Amherst School of Nursing
Doctor of Nursing-Family Nurse Practitioner, May 2018
- University of Maryland School of Nursing, Baltimore MD 21201
Master of Science in Community/Public Health Nursing, July 2010
- University of Maryland School of Nursing, Baltimore MD 21201
Bachelor of Science in Nursing, May 2007
- Roxbury Community College, Roxbury MA 02120
Associate Degree in Nursing, May 1996
- **Certificates:**
University of Maryland School of Nursing, Baltimore MD. 21201
Global Health Certificate, August 2010

Work Experience

Employer: Dr. Kattie Khadar PC, Greenbelt MD. 20740

Employment Status: Independent Contractor

Position: Primary Care Provider

From: 08/2020-Current

Responsibility:

- Provide primary care services to patients ages 18 years and older, including routine health maintenance and episodic care
- Ongoing management of patients with chronic conditions including diabetes, hypertension, congestive heart failure and other cardiac conditions, chronic kidney disease, asthma, mental health disorders, HIV/AIDS, endocrine disorders, gastrointestinal disorders, rheumatological disorders, stroke, obesity, and skin conditions
- Provide acute and chronic pain management
- Review laboratory and imaging test results and make clinical decisions including referrals to specialists as warranted
- Complete EMR documentation of patient assessment and progress during every visit
- Participate in overall clinic workflow including managing and providing ongoing education to office staff
- Provide patient counseling and education

Employer: I C Care Inc. 1100 Mercantile Lane, Upper Marlboro MD. 20774

Employment Status: Full-Time (Independent contractor)

Position: Primary Care Provider

From: 05/2019-07/2020

Responsibility:

- Provided primary care services to patients ages 18 years and older
- Diagnosed, treated, and managed patients with chronic conditions including diabetes, hypertension, congestive heart failure and other cardiac conditions, chronic kidney disease, asthma, mental health disorders, HIV/AIDS, endocrine disorders, gastrointestinal disorders, rheumatological disorders, stroke, obesity, and skin conditions
- Treated patients with episodic illnesses
- Provided acute and chronic pain management
- Performed well-women exams including pap smears
- Reviewed laboratory and imaging test results and made clinical decisions including referrals to specialists as warranted
- Documented individual patient assessment and progress during every visit
- Participated in overall clinic workflow including managing and providing ongoing education to office staff
- Completed EMR documentation of patient assessments and progress during every visit

Employer: Walter Reed National Military Medical Center, Bethesda MD. 20889

Employment Status: Full-Time, Permanent

Position: Nurse Specialist (GS 12)

From: 8/2016-05/2019

Responsibility:

- Program coordinator for communicable diseases including HIV/AIDS, chlamydia, gonorrhea, syphilis and all federal and state designated reportable infections
- As subject matter expert, provided support to outpatient clinics and inpatient staff and patients on issues related to all communicable diseases
- Collaborated with providers at Walter Reed, with counterparts at other military facilities, and local health departments, to address public health issues related to communicable diseases
- Developed and implemented a quality improvement project to reduce delays in the treatment of sexually transmitted infections
- Proposed a 72-hour benchmark for the treatment of all sexually transmitted infections. The benchmark dictates that patients with positive results should be notified and/or treated within 72hours. The benchmark was selected by leaders at Walter Reed, published on the command's dashboard and was the standard for processing abnormal results in the Preventive Medicine Clinic
- Prepared monthly and quarterly chlamydia, gonorrhea and syphilis metrics for the director of public health
- Conducted patient assessments for acute and chronic health conditions and initiated referrals to specialists services as needed
- Provided education and counseling for HIV and other communicable diseases
- Facilitated a two-day community-wide sexual health education in 2017 that was attended by more than 200 participants including patients, staff, and service members

- Routinely provided sexual health education to patients that are enrolled in intensive outpatient addiction program (IOP) using Power Point presentation and post presentation surveys
- Maintained a database for chlamydia, gonorrhea and syphilis infections that was used by the Healthcare Effective Data Information Set (HEDIS) working group, and others who seek information about the stated infections
- Participated in the development and implementation of health promotion activities such as World AIDS Day, Great American Smoke Out, World Diabetes Day, World Nutrition Day and World Hypertension

Employer: Medical Science & Computing (MSC), Rockville MD.

20852

Employment status: Full-Time

Position: Research Nurse, Protocol Coordinator (Contract)

From: 08/2014 - 9/15/2015

Responsibilities:

- Served as clinical representative responsible for managing all aspect of protocol execution for the National Institute of Allergy and Infectious Diseases (NIAID) Laboratory of Malaria Immunology and Vaccinology (LMIV), at NIH
- Developed study materials including informed consent documents, phone screens, diaries, worksheets, flow sheets, and facilitated the production of recruiting materials
- Reviewed protocol for accuracy and made recommendations for changes to the study's protocol document
- Explained research protocols to more than 200 healthy volunteers who screened for vaccine studies, educating them about the purpose, duration, risks and benefits prior to their participation in any study procedures
- Obtained informed consents from study participants and oversaw study visits
- Coordinated research participants accrual including determining subject population availability, screening and recruiting subjects, and scheduling follow up visits
- Monitored study enrollment goals and initiated strategies to promote enrollment and retention such as flexible scheduling as allowed by the protocol
- Reviewed medical/surgical history, provided medical assessment as indicated, and performed protocol procedures (venipuncture, blood draw, vital signs)
- Performed nursing assessment, pre and post-operative care as indicated
- Reported laboratory findings & adverse events to investigators for evaluation
- Conducted town hall meetings at the beginning of each trial to educate nurses, case managers, and research support staff about the specific protocol using PowerPoint presentation
- Completed case report forms (CRFs) and assisted in data query resolution
- Performed drug accountability – receipt, dispensing, returning of drug to sponsor or pharmacy representative
- Prepared for and coordinated site visits made by sponsors or study monitors at study initiation, during the study, and at the end of the study
- Developed and maintained study subject databases and supervised data collection and data management including the collection of source documents, using and developing CRFs, and ensured accuracy

- Supervised and coordinated the collection, processing, shipment and storage of bio-specimens from NIH campus in Bethesda Maryland, to LMIV laboratories in Rockville, Maryland
- Assisted in developing study budgets and tracked budget expenses.
- Created monthly reports for open studies as required
- Attended required meetings and performed other duties as assigned by the team

Employer: Leidos Biomedical Research, Inc. Formerly SAIC-Frederic Inc., Frederick MD. 21702

Position: Research Nurse Specialist, Protocol Coordinator (Contract)

From: 08/2012- 04/2014

Employment Status: Full-Time

Responsibilities:

- Provided clinical research nursing support to the Center for Cancer Research (CCR) at the National Cancer Institute in Bethesda, Maryland
- Managed all aspects of the lifecycles of six protocols including recruitment, screening, enrollment, data collection, off study follow up, and referral to community resources
- Ensured scientific quality, study compliance and human subject's protection at all times.
- Coordinated care for more than 150 active and former research participants enrolled in protocols for bladder cancer and other solid tumors at NIH
- Reported adverse events, deviations and violations in a timely manner to the principal investigator (PI), sponsors, IRB and FDA as indicated
- Explained protocols and tests/procedures, discussed toxicities and drug/dosages
- Participated in inpatient rounds whenever indicated
- Completed flow sheets and case report forms according to the provisions of approved investigational protocols and worked with data managers to ensure accuracy of data
- Participated in weekly team meetings and provided ongoing education and updates to nursing and medical staff about changes/improvements to new and existing protocols
- Collaborated with several departments within the NIH Clinical Center to schedule tests, make travel and hotel arrangements, and inpatient admission of research participants

Employer: National Institute of Health Clinical Center, Bethesda MD. 20906

Position: Clinical Research Nurse

Employment Status: Full-Time (Title 42)

From: 10/2004 – 08/2012

Responsibilities:

- Actively participated in the coordination of data collection and implementation of research protocols
- Critically analyzed laboratory test values and took appropriate corrective action while utilizing available resources
- Administered Phase 1, Phase 11, and Phase 111 critical study drugs, monitor patient outcomes, and report to the research team. This includes trials for the H1N1 vaccine, the malaria challenge vaccine trial, and other drugs for multiple diseases
- Performed nursing assessment, pre and post-operative care as indicated
- Provided pain management and serial blood draws, and
- Assumed permanent night charge nurse duties on a 34-bed acute Medical/Surgical unit

- Delegated patient care to other nurses, acted as resource for all unit needs including staffing, supplies, and patient education
- Provided care to a diverse population of patients with very unique culture, religious, and health care needs
- Contributed to a safe, healthy, and supportive work environment through unit-based and interdepartmental collaboration
- Participated in patient and family education about new medications, equipment, and tests, including clarifying myths and concerns about research and individual care plan
- Collaborated with team of nurses, doctors, patients and families for successful patient outcome

Professional Strengths:

- Excellent interpersonal skills, a professional attitude and firm personality that enables me to manage my work independently or as a team member
- Ability to perform literature reviews and integrate findings into the current practice standards and guidelines
- Self-starter who enjoys a creative work environment
- Dependable, with the ability to work effectively in stressful situations to meet deadlines
- Solid knowledge of human research with the ability to independently conduct primary (qualitative and quantitative) research
- Experienced in research protocols for endocrine, pulmonary, hepatic, gastroenterological and genetic disorders, unknown diseases, and infectious diseases
- Proficiency in Microsoft Word, Excel, MS Outlook, Power Point, and Clinical Research Information System (CRIS)
- Possess excellent knowledge of the Internal Review Board (IRB)

Nurse Practitioner Internships

- Walter Reed National Military Medical Center, Bethesda, MD 20889
Internal Medicine Clinic, 03/2017-05/2018
- CVS Minute Clinic, Cabin John Shopping Center Potomac, MD 20
Urgent Care, 06/2017-08/2017
- The Primary Care Group of Maryland, Glen Burnie MD 21061
Internal Medicine/Family Practice, 03/2017-06/2017
- All Day Medical Care Clinic, Gaithersburg MD 20877
Primary Care and Urgent Care Services, 09/2016-12/2016

Awards:

- University of Massachusetts Amherst College of Nursing
Leadership Award, May 11, 2018

Abstracts and Presentations

- **Doctor of Nursing Practice Capstone Project, April 2018**
Reducing Delays in Sexually Transmitted Infections (STI) Treatment: A Quality Improvement Project to Improve Timely Communication Among Providers and Patients

https://scholarworks.umass.edu/cgi/viewcontent.cgi?article=1170&context=nursing_dnp_capstone

- Apolo A, Parnes H, Madan R, Gulley J, Wright J, Hoffman-Censits J, Dawson N, Trepel J, **Khadar K**, Schlom J, Merino J, Raffled M, Steinberg S, Choyke P, Lindenberg L, Folio L, Agarwal P, Figg W, Bottaro D, Dahut W (2014): A Phase II Study of Cabozantinib (XL184) in patients with relapsed or refractory metastatic urothelial carcinoma. Retrieved from https://www.researchgate.net/publication/314032376_A_phase_II_study_of_cabozantinib_in_patients_pts_with_relapsed_or_refractory_metastatic_urothelial_carcinoma_mUC
- Apolo, A.B., Lee, Y.H., Fabiola, C., Agarwal, P.K., Parnes, H.L., **Khadar, K.**, Summerell, A., Gulley, J.L., Compton, K., Figg, W. D., Dahut, W.L., &Bottaro, D.P. (2013). Preclinical and correlative studies of Cabozantinib (XL184) urothelial cancer (UC). Retrieved from <https://meetinglibrary.asco.org/record/80020/abstract>
- Hoffman-Censits J, Vaughn D, Lin J, Keefe S, Hass N, Kelly W, Hyslop T, Brynes M, Robinson J, **Khadar K**, Nanda S, Kennedy B, Apolo, A (2014). A Phase II Study of cabazitaxel in patients with urothelial carcinoma who have disease progression Following Platinum Based Chemotherapy. Retrieved from http://ascopubs.org/doi/abs/10.1200/jco.2014.32.15_suppl.e15519
- Johnson, J.V., Iwu, E.N., Riel, R.F., Orwenyo, C., Ezebihe, I., Ekwede, I., Adedoyin, T., Egbe, A., **Khadar, K.**, Maina, C., Gomwalk, A., Moen, M. (2011). Strengthening of HIV/AIDS treatment through task shifting: A prospective qualitative study of the process of task shifting in two Nigerian tertiary hospitals. Retrieved from: <http://www.anac2011.org>
- Weinberg B, Lindenberg M, Kurdziel K, Steinberg S, Liewehr D, **Khadar K**, McKinney Y, Peter Choyke P, Apolo A (2014). Assessment of bone metastases in patients with urothelial carcinoma using ¹⁸F-sodium fluoride PET/CT (¹⁸F-NaF) versus ¹⁸F-fluorodeoxyglucose PET/CT (¹⁸F-FDG) . Journal of Clinical Oncology, 32, 4_suppl 329-329. Retrieved from http://ascopubs.org/doi/abs/10.1200/jco.2014.32.4_suppl.329