

# Ariel Carrero, MPAS, PA-C

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## EDUCATION

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### Florida International University

Miami, FL

Master of Science in Physician Assistant Studies

July 2020 - December 2022

*MPAS Class of 2022 Treasurer*

### Miami Dade College

Miami, FL

Bachelor of Science in Biological Sciences: Biotechnology

August 2017 – December 2019

## CREDENTIALS

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NCCPA: Certified Physician Assistant (PA 9117125)

February 2023 - January 2024

BLS and ACLS (CPR + AED), *American Heart Association*

## EMPLOYMENT HISTORY

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### Miami Pulmonary Specialists

Miami, FL

*Pulmonary Medicine Physician Assistant*

July 2023-October 2023

- Inpatient
  - Obtained patient histories and performed physical examinations
  - Participated in daily rounding on patients
  - Managed the care and treatment of admitted patients and consults
  - Ordered, reviewed and interpreted diagnostic studies and labs
  - Documented patient encounters and medical decision making
  - Worked with other medical specialties via consults and worked with case management/social workers in establishing dispositions for patients
  - Discharged patients with medications, DME orders or any necessary PT/OT orders
  - Demonstrated a team approach to providing quality patient care
  - Collaborated closely with the physicians, nurses, medical staff and other health care professionals to ensure seamless patient care
  - Demonstrated an ability to maintain confidentiality and privacy in accordance with HIPAA
- Outpatient Clinic
  - Obtained patient histories and performed physical examinations
  - Managed the care and treatment of established and new patients
  - Ordered, reviewed and interpreted diagnostic studies, labs and routine screenings
  - Documented patient encounters and medical decision making
  - Educated patients on medications and vaccines
  - Provided emotional support to patients and addressed their concerns throughout surgical or treatment processes
  - Demonstrated a team approach to providing quality patient care
  - Collaborated closely with the physicians, staff and other health care professionals to ensure seamless patient care throughout the office

- Demonstrated an ability to maintain confidentiality and privacy in accordance with HIPAA

**Publix Pharmacy (Store 1129)**

**Miami Lakes, FL**

*Pharmacy Technician*

May 2015 - November 2020

- Dispensed patient prescriptions
- Educated patients on medications and vaccines
- Assisted underprivileged patients find lower cost drug alternatives
- Demonstrated a team approach to providing quality patient care
- Collaborated closely with the pharmacists, interns and other technicians to ensure seamless patient care
- Demonstrated an ability to maintain confidentiality and privacy in accordance with HIPAA

**CLINICAL EXPERIENCE**

**Core Clinical Rotations**

January 2022 - September 2022

**Emergency Medicine - Jackson North Medical Center**

- Obtained patient histories and performed physical examinations
- Developed appropriate differential diagnoses and treatment plan/dispositions for patients
- Interpreted and reviewed labs, diagnostic studies and EKGs
- Assisted in codes, endotracheal intubation and central line placements
- Performed procedures such as suturing, incision and drainage, nerve blocks, and wound cleaning/dressings

**OBGYN - Baptist Health System**

- Obtained patient histories and performed physical examinations
- Assisted in labor and delivery, coloscopy, and D&C

**Family Medicine - Miami Beach Community Health Center**

- Obtained comprehensive and focused patient histories and performed physical examinations
- Developed appropriate differential diagnoses and treatment plans
- Ordered, interpreted and reviewed labs, diagnostic studies and routine screenings
- Documented patient encounters and medical decision making

**Surgery - Jackson Memorial Hospital (Jackson Heart Institute)**

- Conducted pre and post operative evaluations
- OR shadowing experience
- Interpreted angiographies and echocardiogram findings
- Monitored for potential postoperative complications
- Educated patients on post-surgical care instructions and importance of adherence
- Aided in removal of chest tubes

**Pediatrics - Miami Beach Community Health Center**

- Obtained patient histories and performed physical examinations
- Developed appropriate differential diagnoses and treatment plans
- Educated patients on medications and routine vaccines

### **Internal Medicine - Jackson Memorial Hospital**

- Pre-rounded to evaluate patients progress and presented to supervising physicians
- Performed CPR and bag valve mask ventilation
- Observed and assisted in bedside procedures such as ultrasound-guided central line placement, intubations, thoracostomies, and bronchoscopies
- Interpreted lab results, ABGs, and diagnostic studies

### **Psychiatry - Compass Health Systems**

- Obtained patient histories
- Performed mental health screenings

### **Elective Clinical Rotations**

September 2022 - November 2022

#### **Family Medicine - Jackson Health System**

- Obtained comprehensive and focused patient histories and performed physical examinations
- Developed appropriate differential diagnoses and treatment plans

#### **Gastroenterology - Mount Sinai Medical Center**

- Obtained patient histories and performed physical examinations
- Conducted pre and post operative evaluations

### **KEY SKILLS**

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- Highly inter-personable
- Team player
- Independent problem solver
- Accountable
- Professional
- Bilingual - Fluent in English and Spanish
- Proficient in Cerner

### **VOLUNTEER EXPERIENCE**

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#### **FIU Neighborhood HELP Program**

July 2020 - November 2022

- Collaborated with FIU medical school, social services, and the nursing school in order to provide comprehensive medical care and patient education to underprivileged families in the community as a complete medical team.

#### **SEED Health Fair**

October 2019

- Collaborated with MDC PA students to bring access to healthcare screenings and follow up care for migrant farm workers and their families living in Homestead.

### **AFFILIATIONS**

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**Florida Academy of Physician Assistants - Member**

**American Academy of Physician Assistants - Member**

## **PRESENTATIONS**

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**In patients with Guillain-Barré Syndrome, is plasma exchange a more effective treatment than intravenous immune globulin therapy?**

*FIU MPAS Capstone Paper, 2022*

## **REFERENCES**

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**Suzanne Hadeed-Garcia, MHSc, PA-C, RT(N)(CT)** - FIU Interim Clinical Director/Professor

**Mariana Viera-Navarro, MPH, PA-C, CCT** - FIU Asst. Director of Clinical Education/Asst. Professor

**Kevin Almerico, MD** - Miami Pulmonary Specialists

**Kayla Rodriguez, PA-C** – Jackson Health Systems

**Polina Manesis, PA-C** - Mount Sinai Medical Center

*Contact information available upon request*