

Esravila Ariya Wibisono

Waterbury, Connecticut 06702

(475)-559-8522 - esravila.wibisono@gmail.com

Compassionate PGY-2 Internal Medicine Resident with a strong passion for primary care, focused on preventative healthcare, and adept in chronic disease management for ethnically and socio-economically diverse patient populations. Inclusive, detail-oriented, and committed to providing the most efficient evidence-based quality care. A devoted advocate for health maintenance, early intervention, and interdisciplinary collaboration.

Education

Saint Mary's Hospital - Yale University Hospital Affiliate

Internal Medicine Residency Program

06/2022 – now

Waterbury, Connecticut, USA

Graduating in June 2025

Universitas Airlangga, Faculty of Medicine

Doctor of Medicine (MD)

07/2012 – 07/2018

With honors/Cumlaude (3.89/4.00)

Surabaya, Indonesia

Honors and Awards

Outstanding Intern of the Quarter

2022

Awarded during the first quarter of academic year 2022-2023 in the department of internal medicine Saint Mary's Hospital.

Global Health True Leaders 2.0 (GHTL 2.0)

07/2018

Selected as one of the 50 scholarship grantees (Indonesian One Health University Network in collaboration with USAID and One Health Workforce) from ASEAN countries as Indonesia's representative in GHTL 2.0 conducted in West Nusa Tenggara, Indonesia.

Dean's List Award

2016 - 2017

Ranked in the 97th percentile of the first year clinical rotation; including internal medicine, psychiatry, neurology, dermatology, and radiology rotation.

Work Experiences

Persahabatan Central General Hospital (Jakarta, Indonesia)

01/2022 – 04/2022

Clinical Research Coordinator of Respiratory & Tuberculosis Research and Training Center

- Project: A Global, Multi-center, Randomized, Double Blind, Placebo-controlled, Phase III Clinical Study to Evaluate the Protective Efficacy, Safety, and Immunogenicity of SARS-CoV-2 Messenger Ribonucleic Acid (mRNA) Vaccine in Population Aged 18 Years and Older.

Wamia Husada Polyclinic (Bekasi, Indonesia)

10/2021 – 04/2022

General Practitioner

- Provided routine, urgent, and acute care management of 750 panel of patients.

Telkomedika Polyclinic (Jakarta, Indonesia)

09/2021 – 10/2022

General Practitioner

- Responsible for up to 60 patients a day for both in-person and telemedicine consultations.

Prasad Medical Physician PC (Brooklyn, NY) 07/2021 – 08/2021
Extern (Internal Medicine)

- 4-week hands-on rotation in a primary care/nephrology outpatient clinic.

LaSante Health Center (Brooklyn, NY) 06/2021 – 07/2021
Extern (Internal Medicine)

- 4-week hands-on rotation in a primary care internal medicine outpatient clinic.

Brooklyn Cancer Care (Brooklyn, NY) 06/2021 – 06/2021
Extern (Internal Medicine)

- 4-week hands-on rotation in a hematology-medical oncology outpatient clinic.

Indonesian Medical Internship Program (Semarang, Indonesia) 11/2018 – 11/2019
General practitioner

- One year service in the outskirts of Semarang as a general practitioner in Panti Wilasa Citarum Hospital and Tlogosari Kulon Community Primary Healthcare Center/*puskesmas* under the Ministry of Health of the Republic of Indonesia

Leadership Experiences

Center for Indonesian Medical Students' Activities (CIMSA):

National Exchange Officer for Incoming 07/2015 – 06/2016

- Elected to represent Indonesia in the International Federation of Medical Students' Associations (IFMSA) as Indonesia's Chief Executive of Standing Committee on Professional Exchange
- Led a team of 19 officers from different universities across the country to organize Indonesia's largest medical student-run exchange program
- Managed to successfully accept and host 200 incoming exchange students, which was the most thus far

Local Exchange Officer of Universitas Airlangga (Unair) 04/2014 – 04/2015

- Led a team of 15 medical students in organizing a sustainable exchange program
- Hosted 25 incoming students from all around the world and sent 20 outgoing students from Universitas Airlangga in a year

Publications

Peer Reviewed Journal Articles

1. Leptospirosis presenting with acute renal failure, thrombocytopenia, and hyperbilirubinemia. *Jurnal Kedokteran Syiah Kuala*. 2022; 22(1). DOI: 10.24815/jks.v22i1.23286.
2. Retrospective Study: Initial Pharmacotherapy Profile of New Acne Vulgaris Patients. *Jurnal Berkala Epidemiologi*. 2020; 8(3): 237-245. DOI: 10.20473/jbe.V8i32020.236-245
3. Adjuvant Chemotherapy-associated Febrile Neutropenia in a Patient with Breast Malignancy: A Case Report. *Jurnal Kedokteran dan Kesehatan Indonesia*. 2020; 11(2): 214-218. DOI: 10.20885/JKKI.Vol11.Iss2.art15
4. Metformin Role in Diabetic Patients with Tuberculosis: A Review. *Journal of Tropical Pharmacy and Chemistry*. 2021; 5(3): 264-270. DOI: 10.25026/jtpc.v5i3.275

Peer Reviewed Abstracts

1. Association Between Sleep Quality and Blood Pressure Among Women in East Semarang. *Indonesian Journal of Cardiology*. 2020; supp_A(41). DOI: 10.30701/ijc.1074
2. Cephalgia as an Atypical Manifestation of Acute Coronary Syndrome: A Case Report. *Indonesian Journal of Cardiology*. 2020; supp_A(41). DOI: 10.30701/ijc.1075

Oral Presentations

1. Pulse Oximetry; Waterbury, CT: 16 October 2022
2. Electrocardiography; Waterbury, CT: 16 October 2022
3. Leptospirosis Presenting with Acute Renal Failure, Thrombocytopenia, and Hyperbilirubinemia. PIT PAPDI Semarang (Annual Scientific Meeting of Indonesian Society of Internal Medicine Semarang XXV); Semarang, Indonesia: 18 September 2021.
4. Counselling As An Effort to Improve Knowledge and Attitude of Postpartum Contraception in Pregnant Women. The 5th Jakarta Infertility Update (Jak-In-U) 2019; Jakarta, Indonesia: 9 December 2019.

Poster Presentations

1. From the Mouth Up to the Ovaries: An Atypical Case. American College of Physician (ACP) Connecticut Chapter Meeting; Southington, CT: 20 October 2023.
2. Twenty Years in the Making. American College of Physician (ACP) Connecticut Chapter Meeting; Southington, CT: 20 October 2023.
3. Edema in a Flash. American College of Physician (ACP) Connecticut Chapter Meeting; Hartford, CT: 21 October 2022.
4. Hypoalbuminemia as a Prognostic Factor in Patients with Acute Heart Failure: An Evidence-based Case Report. The 4th Indonesian Intensive & Acute Cardiovascular Care Meeting (INA-ACC); Malang, Indonesia: 8 February 2020.
5. Effectivity and Tolerability of Generic Amlodipine Compared to Brand-name Amlodipine in Hypertension Management: An Evidence-based Case Report. The 14th Scientific Meeting of Indonesian Society of Hypertension; Jakarta, Indonesia: 23 February 2020.
6. Effectiveness and Safety of Metformin as a Potential Host-directed Therapy for Tuberculosis Patients with Type-2 Diabetes Mellitus: An Evidence-based Case Report. The 17th Scientific Respiratory Meeting (PIPKRA); Jakarta, Indonesia: 22 February 2020.
7. Association Between Sleep Quality and Blood Pressure Among Women in East Semarang. The 29th Annual Scientific Meeting of Indonesian Heart Association (ASMIHA); Jakarta, Indonesia: 12 October 2020.
8. Cephalgia as an Atypical Manifestation of Acute Coronary Syndrome: A Case Report. The 29th Annual Scientific Meeting of Indonesian Heart Association (ASMIHA); Jakarta, Indonesia.
9. Adjuvant Chemotherapy-associated Febrile Neutropenia in a Patient with Breast Malignancy. The 5th International Scientific Meeting on Haematology, Oncology, Thrombosis, and Transplantation/Transfusion in Indonesia (ISMI-HOTTI); Jakarta, Indonesia: 1 November 2019.
10. Retrospective Study: Initial Pharmacotherapy Profile of New Acne Vulgaris Patients. The 5th International Symposium on Probiotics and Prebiotics; Surabaya, Indonesia: 1 December 2018.

Non-peer Reviewed Online Publication

1. *Serbi dan Tatalaksana Awal Jerawat*. URL: 20 December 2020. <http://news.unair.ac.id/2020/12/20/serba-serbi-dan-tatalaksana-awal-jerawat/>