

**RESSIE STRANALY**  
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## **EDUCATION**

**2/2019-11/14/2021** Master of Science in Nursing, Psychiatric Mental Health Nurse Practitioner, Walden University, Minneapolis, Minnesota

**1/2011-12/13/2013** Bachelor of Science in Nursing with Minor in Psychology, Lake Superior State University, Sault Ste. Marie, MI

Other Education:

Healthcare Administration, Lake Superior State University, 1/2011 – 12/2012  
Pre-Nursing, North Central Michigan College, 1/2010 – 9/2010

Michigan Association of Treatment Court Professionals regional training, 2021

Motivational Interviewing 8-hour training, 2017

Mental Health First Aid, 2016

Michigan Psychiatric Nurse Association Psychopharmacology Conference, 2016

International Critical Incident Stress Foundation – Group, Peer & Advanced Crisis

Intervention Critical Incident Stress Management, 2015

Dialectical Behavior Therapy comprehensive five day training, 2014

Grief Following Trauma, 2014

Group Crisis Intervention, 2014

## **LICENSURE / CERTIFICATION**

Registered Nurse, Michigan, 2014 – current

Nurse Practitioner, Michigan, 2022 – current

PMHNP-BC, American Nurses Credentialing Center

NPI 1578975918

## **ACADEMIC HONORS**

Sigma Theta Tau International Honor Society of Nursing

## **PROFESSIONAL EXPERIENCE**

- 1/2022 – Current **Psychiatric Nurse Practitioner** at Schoolcraft Memorial Hospital  
7870W US Highway 2, Manistique, MI 49854  
Provide psychiatric evaluations, prescribe medications and treat mental/behavioral illness and concerns in primarily the child and adolescent population.
- 2/2023 – Current **Psychiatric Nurse Practitioner** at Wellpath, 825 Centennial Way,  
Lansing, MI 48917  
Provide psychiatric evaluations, prescribe medications and treat mental/behavioral illness and concerns in the adult male population that are incarcerated with the Michigan Department of Corrections.
- 7/2021 – 12/2021 **Registered Nurse** at Cell Staff, 1715 N Westshore Blvd Ste 525,  
Tampa, FL 33607  
Provided contractual RN services to the Michigan Department of Corrections, and remained in the same role in a part-time status as when a full-time RN12 for the MDOC.  
Provides healthcare in an autonomous setting, often as the only healthcare professional to treat the patient. Uses advanced clinical skills to determine the appropriate level of care needed and make the appropriate referrals. Provides emergency, ambulatory clinic and mental health evaluations and treatment.
- 3/2017 – 6/2021 **Registered Nurse 12** at Michigan Department of Corrections,  
Kincheloe, MI  
Provides healthcare in an autonomous setting, often as the only healthcare professional to treat the patient. Uses advanced clinical skills to determine the appropriate level of care needed and make the appropriate referrals. Provides emergency, ambulatory clinic and mental health evaluations and treatment.
- 5/2021 – 11/2021 **PMHNP Practicum Experience** at Schoolcraft Memorial Hospital Behavioral Health Center with Janet Pratt, PMHNP & Lifeways Community Mental Health with Drs. Z. Alavi, MD, A. Wilanowski, MD and T. Akinli, MD.  
  
Completing psychiatric assessments and evaluations at increasing levels of independence, formulating diagnosis based on the DSM-V criteria, implementing evidence-based psychopharmacologic and non-psychopharmacologic interventions as well as ordering and reviewing diagnostic studies. Transitioning into the role of a PMHNP by developing treatment recommendations for patient across the lifespan with psychiatric and substance use disorders and collaborating with other medical and mental health providers and members of the patient's behavioral health team.
- 3/2021 – 5/2021 **PMHNP Practicum Experience** at Bay Mills Health Center with

Kevin Nelson, MSW – Mental Health Therapist, Jennifer Cifelli, MSW – Intensive Outpatient Therapist and Renee Johnson, MSW – Behavioral Health Services Coordinator.

Practiced at varying levels of independence to gain knowledge and perform multiple types of evidence-based psychotherapy. These psychotherapy sessions focused on patients across the lifespan with psychiatric and substance use disorders in group and individual settings.

11/2020 – 2/2021 **PMHNP Practicum Experience** at Bay Mills Health Center with Kevin Nelson, MSW – Mental Health Therapist, Jennifer Cifelli, MSW – Intensive Outpatient Therapist and Renee Johnson, MSW – Behavioral Health Services Coordinator.

Practiced at varying levels of independence to gain knowledge of psychopathology and diagnostic reasoning required to accurately formulate differential diagnosis of patients with psychiatric and substance use disorders across the life span.

9/2015 – 5/2016 **Adjunct Faculty – Clinical Instructor** at Lake Superior State University

Provided instruction, guidance, and supervision to senior nursing students in the inpatient psychiatric clinical setting. The clinical instructor performed evaluations of clinical skills, maintained records, and acted as a liaison between the hospital, university, and students.

1/2014 – 3/2017 **Psychiatric Registered Nurse & Case Manager** at Hiawatha Behavioral Health, Sault Ste. Marie, MI

Provided nursing services and case management to pediatric, adolescent, and adult patients with mental illness. The psychiatric RN provided assessment and monitoring of out-patient psychiatric patients. The psychiatric RN was also responsible for after-hours emergency crisis intervention for patients presenting in mental health crisis to the local emergency rooms and jails. The psychiatric RN worked with patients, psychiatry, primary care, and specialty providers toward the goal of integrated health care.

## **PROFESSIONAL AFFILIATIONS**

American Psychiatric Nurses Association  
American Nurses Credentialing Center  
Michigan Association of Treatment Court Professionals  
American Association of Nurse Practitioners  
American Academy of Pediatrics

## **REFERENCES**

Dr. Zakia Alavi, MD  
Associate Professor, Pediatrics & Human Development  
College of Human Medicine, Michigan State University  
alavizak@msu.edu  
517-740-0178

Gail Staley, RN  
Wellpath MDOC Regional Manager  
Northern Region  
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Lead Clinical Social Worker  
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