

ANUM ZINDANI, DNP, FNP, APRN

FAMILY NURSE PRACTITIONER

CONTACT

2429 Avalon Ct
Bedford, TX 76021
817.703.3608
azindani0786@gmail.com
<https://www.linkedin.com/in/anum-zindani-rn/>

EDUCATION

DNP-FNP • DEC 2021
Baylor University
Dallas, TX
Sigma Theta Nau Honor Society

BACHELOR OF SCIENCE IN NURSING

University of Texas at Arlington
Arlington, TX

ASSOCIATES OF APPLIED SCIENCE IN NURSING

Tarrant County College
Fort Worth, TX

KEY SKILLS

EPIC, NexGen, Meditech, Athena, eClinicalWorks EHR
Computer Skills (Word, Excel, PowerPoint, Outlook)
Bilingual in English, Urdu, Hindi, and minimal Gujarati
Organized
Simple I&D, pap smears, IV Starts

INTERESTS

Fictional/Non-Fictional Literature
Volunteer Service
Nature Hikes
Yoga
Travel

PROFILE

I am a dedicated medical professional with a background in family medicine and outpatient management with 1 year of experience. Adept at interpreting and acting upon diagnostic test results, organizing patient workflows and coordinating resources to achieve positive outcomes, and proven success in actualizing strategies to effectively advocate patient needs while championing holistic care.

EXPERIENCE

FAMILY NURSE PRACTITIONER • NOV 2022 – NOV 10, 2023

Dallas Family Medicine • Dallas, TX

Managed a workflow of seeing on average 20 to 25 patients per day. Managed chronic patient conditions, such as diabetes, hypertension, hypothyroidism, hyperlipidemia, and chronic pain. Ordered and interpreted lab results and x-ray findings. Completed necessary patient health forms, such as FMLA and biometric health screenings. Routinely followed up with patients regarding their lab results and chronic management of their diabetes, hypertension, etc. Conducted wellness exams on men and women, routine pap smears, immigration physicals, and sports physicals. Performed simple incision & drainage and IV administration of fluids.

MEDICAL SURGICAL RN • OCT 2017 – OCT 2022

Texas Health Arlington Memorial • Arlington, TX

Provided educational, emotional, and psychological support to patients during times of grief. Collaborated with members of patients' healthcare team to deliver optimal level of care. Educated patients and families on illnesses, medications, and treatment plans. Managed preoperative and postoperative patient care. Communicated with healthcare providers in a timely manner for any critical labs and/or critical patient health conditions in efforts to mitigate health complications.

GRADUATE TEACHING ASSISTANT • AUG 2018 – DEC 2021

Louise Herrington School of Nursing • Dallas, TX

Assisted Level 1 undergraduate students prepare for mock simulations, such as medication administration, IV insertion, urinary catheter insertion, and sterile dressing changes. Helped prepare students for end of semester check-off.