

Diedre Anthony

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Board certified Family Nurse Practitioner passionate about delivering compassionate and exceptional care to a wide variety of patients.

Experienced in conducting patient assessments, detailed physical exams, and proficient in reviewing diagnostic studies. Motivated to excel as a Nurse

Practitioner with a strong focus on delivering high quality, holistic, patient centered care.

Work Experience

Family Nurse Practitioner

Restore First Health - Johns Creek, GA

March 2023 to Present

- Identifying and diagnosing knee Osteoarthritis using the Lawrence-Kellgren screening tool.
- Provides pain relieving treatment for knee osteoarthritis through the use of fluroscopic guided intra-articular injections of hyaluronic acid, corticosteroids, and platelet rich plasma.
- Delivers comprehensive care and management of patients with pre-diabetes, T1DM, and T2DM, and other metabolic disorders through precision-dosed insulin (PIR) and collaborative care.
- Provides direct counseling to patients regarding diabetic education and nutrition.
- Collaborating with patients and their Primary Care Providers to develop and implement patient management

Family Nurse Practitioner

United Health Group-Optum at Home - Atlanta, GA

August 2019 to March 2023

- Responsible for providing primary care via home visits/telehealth for patients in collaboration with patient's PCP/care-team
- Longitudinal care of special needs population with multiple chronic illnesses and acute conditions
- Identifying urgent and emergent situations for proper intervention
- Reviewing patient's hospital records and ensuring compliance with recommended follow ups, consultations and pharmacological management.
- Educate patients on topics related to health and promotion
- Communicating gaps in care with PCP

Family Nurse Practitioner

Hillandale Primary Care - Lawrenceville, GA

March 2017 to July 2019

- Sole Nurse Practitioner in a busy practice responsible for providing direct medical care, consultations, referrals, and follow-up to a diverse population with multiple acute and chronic conditions
- Perform preventative therapies such as adult physicals, well child exams, gynecological exams, as well as ensuring recommended screenings and vaccinations are up to date

- Responsible for ordering, reviewing, and interpreting laboratory data and other diagnostic tests in collaboration with delegating Physician and other members of the healthcare team
- Monitor patient response to treatment and adjust plan as needed
- Communicates and coordinates patient care with patient, family, and interdisciplinary team

Registered Nurse

Piedmont Hospital - Atlanta, GA
March 2008 to May 2018

Labor and Delivery

- Busy High Risk Labor and Delivery Unit where I served as Relief Charge Nurse.
- Responsible for making RN assignments while collaborating with physicians and the healthcare team
- Served as a mentor/preceptor to new graduate nurses
- Served as circulator in the OR ensuring scheduled/emergent cases ran according to hospital policy while maintain patient safety, and managing patients in the recovery unit post-op
- Assessed, ordered, and interpreted lab tests and results and communicated results to physicians
- Started IV's/Blood draws, monitored/titrated IV drips, foley catheter placement, cervical exams, electronic fetal monitoring
- Administered medications via oral, rectal, intravenous, intramuscular, and subcutaneous routes
- Performed detailed patient education and developed nursing care plans

Education

Master of Science in Nursing, Family Nurse Practitioner

Georgia Baptist College of Nursing of Mercer University - Atlanta, GA
August 2014 to December 2016

Bachelor of Science in Nursing

Georgia Baptist College of Nursing of Mercer University - Atlanta, GA
January 2007 to December 2007

Bachelor of Science in Exercise Science

Georgia State University - Atlanta, GA
January 2004 to December 2004

Skills

- Mentoring
- Primary care (6 years)
- Care plans
- Medication administration
- Charge experience
- Laboratory experience
- Catheterization
- Hospital experience (10+ years)
- Nursing

- Foley catheter
- Basic IV
- EMR Systems
- Epic
- Experience Administering Injections
- Triage